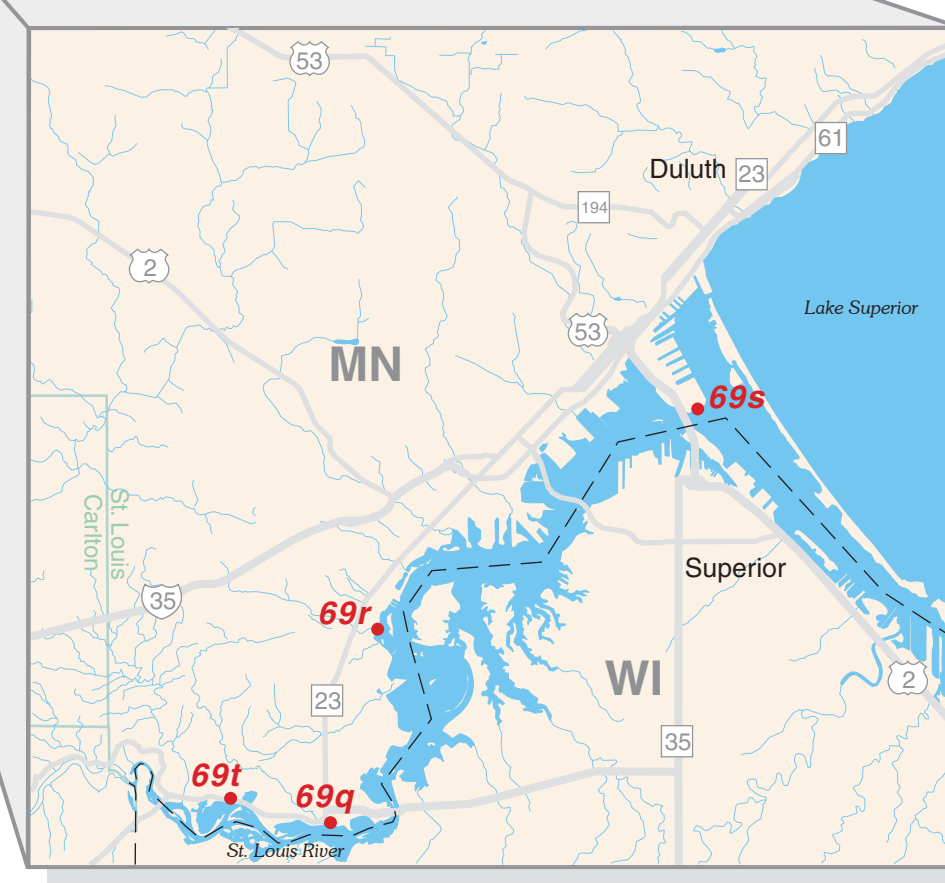
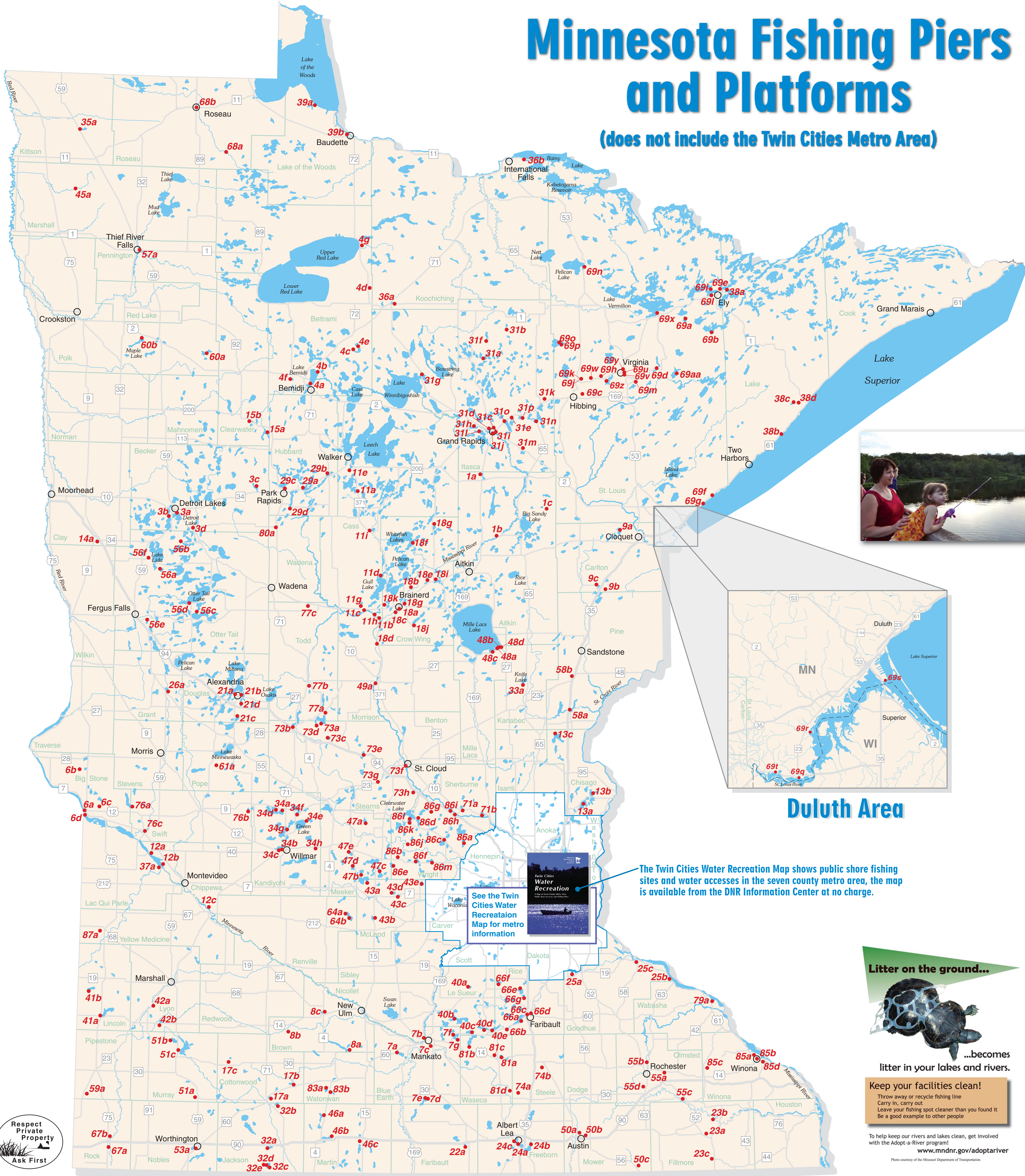


# Minnesota Fishing Piers and Platforms

(does not include the Twin Cities Metro Area)



## Duluth Area

The Twin Cities Water Recreation Map shows public shore fishing sites and water accesses in the seven county metro area, the map is available from the DNR Information Center at no charge.

See the Twin Cities Water Recreation Map for metro information

### Litter on the ground...



...becomes litter in your lakes and rivers.

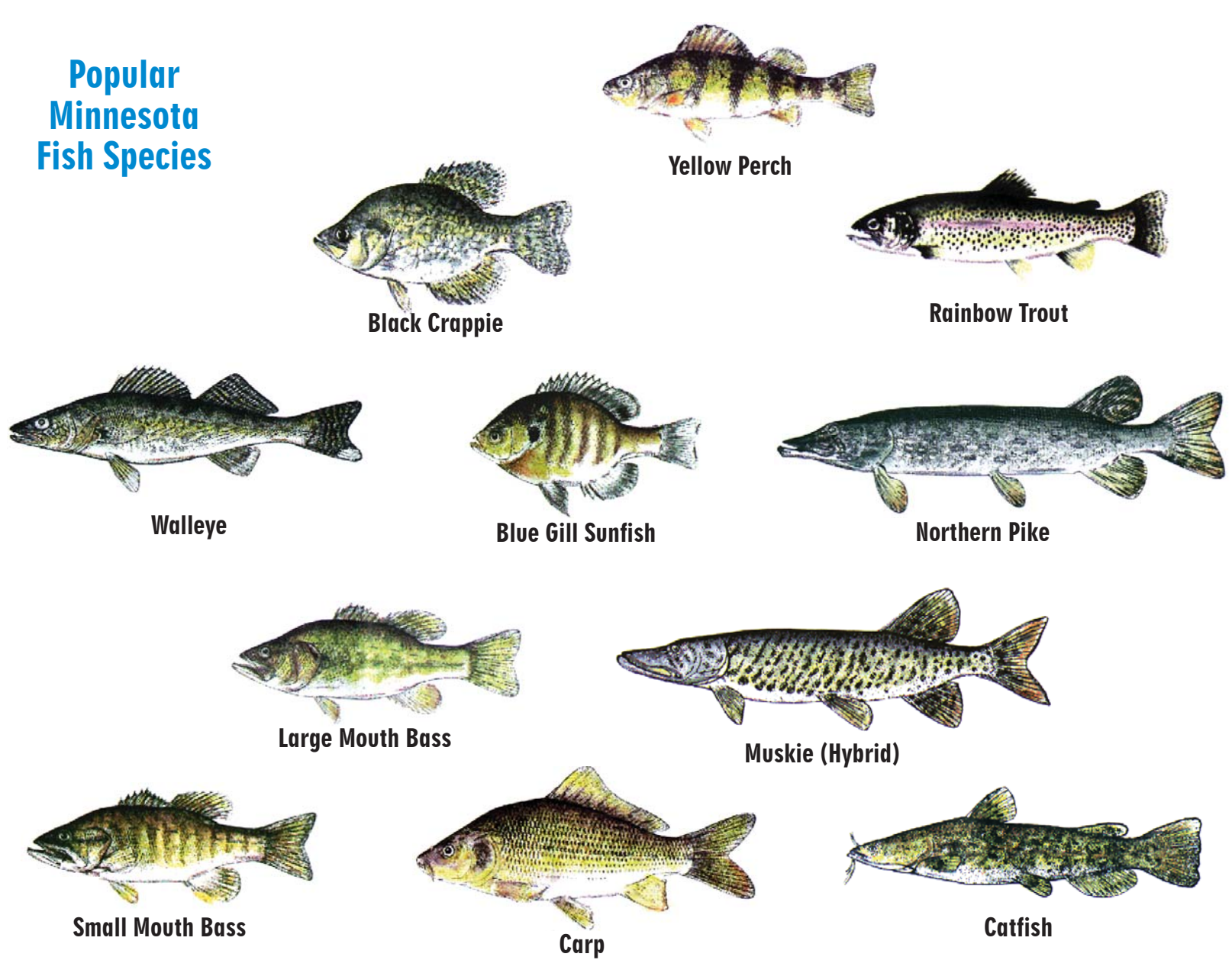
**Keep your facilities clean!**  
 Throw away or recycle fishing line  
 Carry in, carry out  
 Leave your fishing spot cleaner than you found it  
 Be a good example to other people

To help keep our rivers and lakes clean, get involved with the Adopt-a-River program!  
[www.mndnr.gov/adoptariver](http://www.mndnr.gov/adoptariver)  
Photo courtesy of the Missouri Department of Transportation



Fishing piers are fun for the whole family!

### Popular Minnesota Fish Species



### Fishing Regulations and Licensing

All persons 16 years and older are required to have the appropriate license with them when fishing. Licenses are available through the DNR License Bureau, County Auditors, and many stores that sell fishing related goods. Trout fishing requires a trout stamp. Call the DNR License Bureau at (651) 296-2314.

### Selective Harvest Fishing

Improved technology and increased fishing have caused the quality of fishing to decline in many waters. Practicing "Selective Harvest" offers anglers an opportunity to take some fish home while releasing others back into the water to improve fishing quality. Here are some tips to use for effective Selective Harvest fishing:

- Use barbless hooks.
- Play the fish quickly and handle the fish carefully.
- Never hold the fish by the eyes.
- Use small pliers to remove hooks or cut the line if it is too deep.
- Ease the fish back into the water, do not throw it back.

### Fish Consumption Advisory

The MN Department of Health gives advice for eating fish from over 300 locations. Meals of certain species from some waters should be limited because of possible contamination. In most cases anglers can safely eat any fish they choose to take home. However, the Health Department recommends that young children, pregnant women, women of childbearing age, and anglers who fish just one or two waters exclusively should space meals of fish over periods of time. The Mississippi, Minnesota, and St. Croix rivers are the primary resources of concern.

- Reduce your Risk:**
- Keep smaller fish. Younger fish have had less time to accumulate contaminants.
  - Eat fish that have the least amount of contaminants, including perch, sunfish and crappies. Contaminants build up most in fatty fish such as carp, catfish, and lake trout. Predatory fish such as walleye and northern pike, that have reached larger sizes are also more likely to have increased contaminants.
  - Clean fish properly by removing as much fat as possible. This reduces exposure.

For more information contact the MN Department of Health (651) 215-0700 or 1-800-657-3908. [www.health.state.mn.us](http://www.health.state.mn.us)

