Douglas State Trail

Goodhue & Olmsted Counties

The Douglas State Trail is a 12.5 mile, multiple-use trail developed on an abandoned railroad grade. There are two separate treadways, each of which is designed for different recreational activities.

One treadway is asphalt for bicyclists and hikers; the other is natural surface for horseback riders and snowmobilers. This trail possesses outstanding rural scenery, traversing some of the richest agricultural land in Minnesota. The trail begins in northwestern Rochester, travels through the small town of Douglas (for which the trail is named) and ends in Pine Island.

Present trail access includes three parking lots with rest facilities.

For More Information:
DNR Information Center
500 Lafayette Road
Saint Paul, MN 55155-4040
(651) 296-6157 (metro area)
1-888-646-6367 (MN toll free)

Minnesota Department of Tourism
100 Metro Square
121 7th Place East
Saint Paul, MN 55101-2112
(651) 296-5029 (metro area)
1-888-TOURISM (MN toll free)

Minnesota State-wide Bikeway Maps
Minnesota Department of Transportation
395 John Ireland Boulevard
Room 110
Saint Paul, MN 55155
(651) 296-2216

This trail requires a permit for anyone snowmobiling or horseback riding. For more information about the Snowmobile State Trail Sticker or the Horse Pass, please call the DNR Info Center at 1-888-MINNDNR or check the website at www.mndnr.gov.

PARKING AVAILABLE AT:

* Do not leave valuables in your vehicle.

- ROCHESTER: From US Hwy 52, take the CSAH 22 (55th Street) exit; then west and south on CSAH 22 approximately 2 miles to Olmsted Co. Rd. 4; then east .3 miles to the Rochester trailhead.

- DOUGLAS: From US Hwy 52, turn west on Olmsted Co. Rd. 14; then west on Olmstead Co. Rd. 14 approximately 3 miles to the Douglas trailhead.

- PINE ISLAND: From US Hwy 52, take the Goodhue Co. Rd. 11 approximately 1/2 mile to the Pine Island City Park trailhead.

Share the Trail with Others:

- Stay on designated trail.
- Keep right so others can pass.
- Keep all pets on leash/Dispose of pet waste.
- Obey traffic signs and rules.
- Pack out all garbage and litter.
- Respect adjoining landowners rights and privacy.
- Warn other trail users when passing by giving an audible signal. Some horses may be spooked by quiet bikers or in-line skaters. Let them know you are passing.
- Overnight camping and campfires are permitted only on designated campsites. Do not leave campfires unattended.
- Enjoy the beauty of wild plants & animals, but leave them undisturbed for all to enjoy.
- Trail users are legally responsible for obeying the rules and regulations provided in Minnesota Rules, 6100.3000.

Printed on recycled paper with a minimum of 30% post-consumer material.

This information is available in alternative format upon request.
You can also check out our website at:

mndnr.gov/state_trails

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