

C.J. RAMSTAD/ **NORTH SHORE STATE TRAIL**

(FINLAND STATE FOREST TO **GRAND MARAIS)**

LAKE AND COOK COUNTIES







MORE INFORMATION

Minnesota Department of Natural Resources Information Center 500 Lafayette Rd., St. Paul, MN 55155-4040 888-646-6367 | mndnr.gov/trails



SHARE THE TRAIL

- Stay on designated trail.
- Keep right so others can pass.
- Keep pets on leash and pick up waste.
- Obey traffic signs and rules.
- Pack out all garbage and litter.
- Respect adjoining landowner's rights and privacy.
- Verbally warn other trail users when passing from behind.
- Overnight camping and campfires are permitted only on designated campsites. Do not leave them unattended.
- Enjoy the beauty of wild plants and animals, but leave them undisturbed for all to enjoy.
- Trail users are legally responsible for obeying the rules and regulations provided in Minnesota Rules, 6100.3000.

ABOUT THE TRAIL

The C.J. Ramstad/North Shore State Trail is a natural surface trail that spans 146 miles from Duluth to Grand Marais. This multi-purpose trail allows hiking, mountain biking, horseback riding and snowmobiling. The trail runs through St. Louis, Lake and Cook counties in northeastern Minnesota, eventually winding its way through the forested ridgeline above Lake Superior.

Enjoy a back-country, wilderness experience. Most of the trail is in an undeveloped, remote setting with few roads and many river crossings. You'll find access to some of

the most rugged and beautiful scenery in Minnesota. You may spot a moose, deer, bear, timber wolf, fox, raptor, grouse or songbird during your travels.

You'll encounter scenic overlooks and views of rivers, lakes and valleys. You'll also see cabins and signs of logging, forestry, farming, and wildlife and fish management. Fall often reveals spectacular colors in birch and aspen stands and along maple-covered ridges. In winter, the trail connects with hundreds of miles of snowmobile club trails and numerous communities.

When traveling through the trail's remote areas, be sure to bring a map, GPS or a compass, cell phone, extra food, clothing and water. Share your travel plans with someone, including where you are going and when you will be back. Be prepared for insects during the warmer months.

PARKING AVAILABLE

DO NOT LEAVE VALUABLES IN YOUR VEHICLE

Parking

Finland: Two miles north of Finland, on County

Sawbill Trail: A small parking area is located 5 miles north of Tofte on the Sawbill Trail (County Road 2).

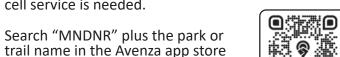
Caribou Trail: Located 7 miles north of Lutsen on the Caribou Trail (County Road 4).

Parking (via Superior Hiking Trail)

- Little Marais Rd./County Rd. 6
- Sonju Lake Rd.
- George H. Crosby-Manitou State Park (vehicle permit required)
- Caribou River State Wayside off Hwy. 61
- Sugarloaf Rd
- Sawbill Tr., east of Temperance River State Park
- County Rd. 5, south of Barker Lake
- Cascade River State Park
- National Forest Rd. 128
- County Rd. 6
- Devils Track State Wayside

DON'T GET LOST! —

Navigate with your phone! The Avenza Maps[®] app uses GPS location tracking, so you can stay found, even off the grid. After you have downloaded the app and map, no internet or cell service is needed.



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Sawbill Tr. to Grand Marais



This trail requires a permit for anyone horseback riding. For more information about the Horse Pass. please call the DNR Information Center or visit mndnr.gov/trails.

Snowmobilers must be registered or have a valid state trail sticker. For more information, visit mndnr.gov/snowmobiling.

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This information may be available in alternative format upon request.



