



# MAP AND GUIDE: LA SALLE LAKE STATE RECREATION AREA

C/O ITASCA STATE PARK  
36750 MAIN PARK DRIVE  
PARK RAPIDS, MN 56470  
HUBBARD COUNTY  
218-699-7251



## VISITOR TIPS

- Experience a remote, wilderness setting at La Salle Lake State Recreation Area.
- Hunting and trapping are allowed during designated seasons.
- Cell reception is unreliable.
- A landline phone is available in the campground restroom/shower building.
- In an emergency call 911.
- For non-emergencies, call Hubbard County Sheriff at 218-732-3331.



## ONLY HAVE AN HOUR?

- View the expanse of La Salle Lake from the overlook. Follow the short path from the Picnic Area.
- Hike the River Overlook Trail through the Scientific and Natural Area for a beautiful valley view.
- Paddle your canoe or kayak on La Salle Lake to see the area from a whole new viewpoint.



LOOKING FOR MORE TO EXPLORE?  
VISIT [MNDNR.GOV/LASALLE](http://MNDNR.GOV/LASALLE)

## ABOUT THE RECREATION AREA

Established in 2011, La Salle Lake State Recreation Area protects the rare plants, animals and cultural resources found in the forests and wetlands of this glacial valley. It also features the deepest lake fully contained in Minnesota at 213 feet. Visit and discover a wilderness experience and peaceful getaway amid red and jack pine forests and diverse woodlands. A coldwater stream, a designated Scientific and Natural Area, and a pristine stretch of the Mississippi River are waiting for you. Take advantage of fishing, hunting, paddling and camping opportunities during your stay.



Recreation in diverse habitat awaits.

## TRAIL HIGHLIGHTS

- |   |                |
|---|----------------|
| <b>River Overlook Trail (Hiking Club)</b><br>Mostly flat • Mowed grass<br>Experience the Scientific and Natural Area with beautiful views of the Mississippi River Valley.  | 1 mile one-way |
| <b>Challenge Trail</b><br>Steep and rugged terrain • Packed dirt • Mowed grass<br>Feeling adventurous? If so, you'll find this primitive trail lives up to its name. Traverse steep ridges before descending to the lakeshore. The remote loop requires advanced planning and can take 4 to 6 hours to complete. Use caution when crossing the two southern creeks as they move swiftly after rain. | 6.5-mile loop  |
| <b>Hunter Walking Trail</b><br>Mostly flat • Packed dirt • Mowed grass<br>Miles of looped trails lead you through varied habitats from reclaimed fields to hardwood forest. Extend your hike by connecting with the Challenge and Spur trails.  | 3-mile loop    |
| <b>Campground Trail</b><br>Mostly flat • Packed dirt • Mowed grass<br>Pass beneath maple, birch, oak and aspen trees. Connect to the Challenge Trail to extend your hike.   | 1 mile one-way |

## MORE TO EXPLORE

- Cast a line for bluegill, black crappie, northern pike, largemouth bass, walleye, yellow perch, cisco, rock bass and white sucker.
- Watch and listen for the numerous wildlife that make their home here.
- Let your children explore the Nature Play Area in the Picnic Area.
- Stay awhile at a park campsite. Each site has full sewer, water and electric. Is a cozy cabin or spacious guesthouse more your style? This location has it all. Visit [mndnr.gov/reservations](http://mndnr.gov/reservations).

## SO EVERYONE CAN ENJOY THE RECREATION AREA...

A full set of STATE RECREATION AREA RULES AND REGULATIONS is available at [mndnr.gov](http://mndnr.gov).



### RECREATION AREA OPEN

8 a.m.–10 p.m. daily.



### VEHICLE PERMITS

Permits required; purchase at office or entrance kiosk.



### PETS WELCOME

Keep on 6-foot leash; pick up after; attend at all times; not allowed in buildings or at beaches.



### CAMPGROUND QUIET HOURS

10 p.m.– 8 a.m.; only registered campers may be in campground during quiet hours.



### FIREWOOD

Must be purchased at this site or from vendors who sell wood approved for this site; no gathering firewood.



CURIOUS ABOUT THE NEARBY  
MISSISSIPPI RIVER STATE WATER TRAIL?  
GO TO [MNDNR.GOV/WATERTRAILS](http://MNDNR.GOV/WATERTRAILS)



## MORE INFORMATION

Minnesota Department of Natural Resources  
Information Center  
500 Lafayette Rd., St. Paul, MN 55155-4040  
888-646-6367 • [mndnr.gov/parks](http://mndnr.gov/parks)

The Minnesota Department of Natural Resources  
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This information may be available in alternative format upon request.

**m** MINNESOTA  
STATE PARKS AND TRAILS