





# MAP AND GUIDE: TETTEGOUCHE STATE PARK

5702 HIGHWAY 61 EAST  
SILVER BAY, MN 55614  
LAKE COUNTY  
218-353-8800  
TETTEGOUCHE.STATEPARK@STATE.MN.US



## VISITOR TIPS

- Wear good hiking shoes (not flip flops).
- Hiking trails cross rugged and difficult terrain, use caution.
- There are cliffs. Keep small children close and be aware of surroundings.
- Please stay on trails.
- Swimming at the park can be dangerous. River and lake conditions are unpredictable.
- Campsites fill quickly from June-September, reserve early.
- In an emergency call 911.



## ONLY HAVE AN HOUR?

- From the visitor center, hike along the lakeside cliffs to the end of Shovel Point for soaring views over Lake Superior and rock climbers in action.
- Walk just a few city blocks from the visitor center to a gravel beach where the Baptism River meets Lake Superior. Enjoy quiet reflection or a lively rock-skipping contest.
- Follow the Cascade Trail along the Baptism River to the Cascades Waterfall. Experience views of rushing waters and stately, giant pines.
- Drive to the top of Palisade Head (short hike in winter) for panoramic views of Lake Superior. Access Palisade Head from Highway 61, about 1.5 miles SW of visitor center.



LOOKING FOR MORE TO EXPLORE DURING YOUR STAY? VISIT: [MNDNR.GOV/TETTEGOUCHE](https://mndnr.gov/tettegouche)

## ABOUT THE PARK

Step into the park and view the rushing waters of the Baptism River as they cleave a 1.1 billion year-old, rugged rhyolite ridge that rises over the Lake Superior shoreline. Hike to waterfalls surrounded by high cliffs that are the result of the water's work upon the rock. See where the Baptism River spills into Lake Superior and adds its water to the world's largest freshwater lake. The park's semi-mountainous terrain offers you numerous overlooks of Lake Superior and the surrounding landscape. This unique area was protected as a state park in 1979.

In the heart of the park, on the shores of Mic Mac Lake, Tettegouche Camp was built over a hundred years ago. You can rent any of the four original, rustic log cabins for an overnight stay or use the lodge, built in 1911, for a unique picnicking site (hike-in only). Experience the quiet northwoods wonder that has captivated humans through the centuries.



Experience stunning views of Lake Superior at the park.

## TRAIL HIGHLIGHTS

<b>Shovel Point Trail</b> Uneven terrain • Wooden stairs and boardwalk • Gravel Start at the visitor center and follow rugged Lake Superior shoreline along a cliff top. You will end at the tip of the point with a stunning view of Palisade Head to the west. Watch for peregrine falcons in the summer.	0.6 miles one-way
<b>High Falls Trail</b> Steep terrain • Wooden stairs • Gravel • Bare rock See the highest waterfall completely within the boundaries of Minnesota. Take the trail from the visitor center to the mouth of the Baptism River. Skip a few rocks, then follow the trail up on this side of the river. A side stairway will allow you to visit Two Step Falls on your way to the High Falls. Take the same trail back.	1.5 miles one-way
<b>Tettegouche Camp and Mount Baldy</b> Steep terrain • Packed dirt • Gravel • Bare rock Mount Baldy offers some of the broadest views of the park. Start your steep hike up Camp Road from the Lax Lake Road parking lot on the north end of the park. Refill your water bottles from the hand pump at Tettegouche Camp before you return.	3.5-mile loop

## MORE TO EXPLORE AT THE PARK

- Join a free naturalist program.
- Rent a canoe and paddle Mic Mac Lake.
- Kayak the Lake Superior State Water Trail.
- Hike and camp on the Superior Hiking Trail.
- Reserve a cabin, campsite, walk-in site or cart-in site and stay awhile.

## VISITING IN WINTER

- Ski on groomed trails.
- Rent snowshoes from the visitor center. Explore any trail except groomed ski trails.
- Reserve the Illgen Falls Cabin or a cabin at the rustic Tettegouche Camp year-round.
- Camp year-round in either of two campgrounds.
- Unload a snowmobile at the cart-in campground parking lot and ride trails from there to Finland, Silver Bay and the North Shore State Trail.

## SO EVERYONE CAN ENJOY THE PARK...

A FULL SET OF STATE PARK RULES AND REGULATIONS IS AVAILABLE AT THE PARK OFFICE OR [MNDNR.GOV](https://mndnr.gov).



**PARK OPEN**  
8 a.m.–10 p.m. daily.



**VEHICLE PERMITS**  
Permits required EXCEPT at the Tettegouche Visitor Center parking lot; purchase at park office or entrance kiosk.



**PETS WELCOME**  
Keep on 6-foot or less leash; pick up after; attend at all times; not allowed in buildings.



**CAMPGROUND QUIET HOURS**  
10 p.m.– 8 a.m.; only registered campers may be in campground during quiet hours.



**FIREWOOD**  
Must be purchased at this park or from vendors who sell wood approved for this park; no gathering firewood in the park.

## SPECIAL RULES

- Treble hooks are not allowed while fishing in the Baptism River between Lake Superior and the Cascades.
- With the exception of Bean and Bear lakes, only non-motorized watercraft may be used on the park's inland lakes. Watercraft must be removed from the park at the end of each day.
- Special rules apply in the Palisade Valley (southern half of the park) which allows hunting and ATV use on designated trails. Ask staff for details.



CURIOUS ABOUT THE LAKE SUPERIOR STATE WATER TRAIL? VISIT [MNDNR.GOV/WATERTRAILS](https://mndnr.gov/watertrails) TO LEARN MORE.



## MORE INFORMATION

**Minnesota Department of Natural Resources  
Information Center**  
500 Lafayette Rd., St. Paul, MN 55155-4040  
888-646-6367 or [mndnr.gov/parks](https://mndnr.gov/parks)

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This information may be available in alternative format upon request.

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STATE PARKS AND TRAILS