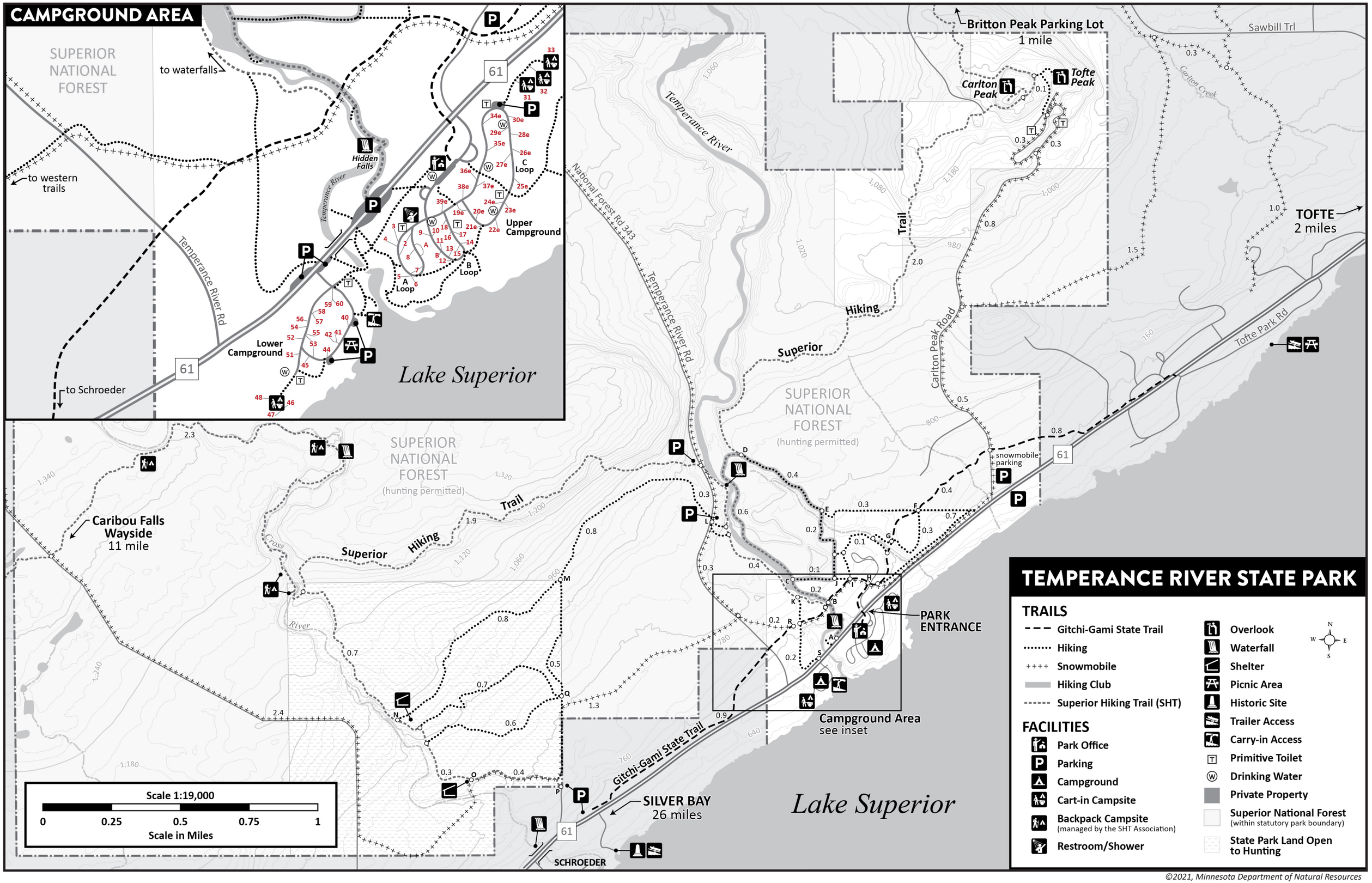

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MAP AND GUIDE: TEMPERANCE RIVER STATE PARK

SEND MAIL C/O
TETTEGOUCHE STATE PARK
5702 HIGHWAY 61
SILVER BAY, MN 55614
COOK COUNTY
218-663-3100

VISITOR TIPS

- Do not swim in the Temperance River due to dangerous and unpredictable river currents.
- Use caution while hiking the trails along the Temperance River Gorge. Keep small children close at hand.
- Wear good hiking shoes.
- Hiking trails cross rugged and difficult terrain.
- Cell service may be spotty.
- In an emergency call 911.

ONLY HAVE AN HOUR?

- Hike riverside trails along the impressive Temperance River Gorge. Watch your step!
- Skip a few rocks at the Temperance River beach. Eat your lunch at the picnic grounds here while you enjoy the lake view.
- Stroll down to the foot bridge below Highway 61 and enjoy great views of the Temperance River lagoon.
- Visit the rock shoreline and splash pools below the upper campground. Trails accessing this area can be found near campsites #14 or #25.

LOOKING FOR MORE TO EXPLORE DURING YOUR STAY? VISIT MNDNR.GOV/TEMPERANCE

ABOUT THE PARK

This 1.1 billion year-old landscape became a state park in 1957, but visitors have been attracted by its scenery for far longer. The rugged terrain is cleft by the Temperance River Gorge, a crack in the earth that the river rushes through on its way to Lake Superior. See and feel the power of the world's largest freshwater lake at the beach and picnic area at the mouth of the river. Over 1,000 feet above the lake, Carlton Peak offers panoramic views of the surrounding wilderness. Visit the park for miles of trails, designated trout streams, or camping.

Watch water rush through the rocky landscape.

TRAIL HIGHLIGHTS

Temperance River Gorge Trail — 0.25 miles one-way
Hilly • Bare rock • Packed dirt • Stairs
From the Highway 61 parking lot on the northeast side of the river, follow a paved trail to a deck with a view of Hidden Falls. The trail then transitions to gravel and rock stairs as it brings you to clifftops above the gorge. Follow the trail along the gorge for 0.25 miles for beautiful views and overlooks.

Carlton Peak Trail — 3 miles one-way
Steep terrain • Bare rock • Packed dirt
Carlton Peak towers over the surrounding landscape. To reach it, start at the Highway 61 parking lot on the northeast side of the river, follow the Superior Hiking Trail along the scenic river gorge and through rolling, forested terrain until you reach this massive rock dome.

Upper Falls (West Side) — 1 mile one-way
Hilly • Bare rock • Packed dirt • Stairs
From the Highway 61 parking lot on the northeast side of the river, hike the trail upstream past Hidden Falls. Hike up rock and rock stairs along the river. Go left at the paved Gitchi-Gami Trail and then right when the bridge ends. Follow the trail upstream to reach the Upper Falls.

Gitchi-Gami State Trail — 0.4 miles one-way
Some hills • Paved
Find this paved trail near the park office. The spur trail will bring you across Highway 61 and to an intersection with the main trail. Go left to reach a bridge over the Temperance River with views of the dramatic river gorge.

MORE TO EXPLORE

- Join a free naturalist program.
- Borrow a GPS from the park office.
- Hike and camp on the Superior Hiking Trail.
- Kayak the Lake Superior State Water Trail.
- In winter, ski and snowshoe in the park or snowmobile on the North Shore State Trail.

BE OUR GUEST

- Stay awhile at drive-in campsites (electric and non-electric) near Lake Superior.
- Try a cart-in campsite for a more rustic experience.
- All campsites are reservable. Visit mndnr.gov/reservations or call 866-857-2757.

SO EVERYONE CAN ENJOY THE PARK...

A FULL SET OF STATE PARK RULES AND REGULATIONS IS AVAILABLE AT THE PARK OFFICE OR MNDNR.GOV.

PARK OPEN
8 a.m.–10 p.m. daily.

VEHICLE PERMITS
Permits required; purchase at park office.

PETS WELCOME
Keep on 6-foot leash; pick up after; attend at all times; not allowed in buildings or at beaches.

CAMPGROUND QUIET HOURS
10 p.m.– 8 a.m.; only registered campers may be in campground during quiet hours.

FIREWOOD
Must be purchased at this park or from vendors who sell wood approved for this park; no gathering firewood in the park.

HUNTING AND FISHING

- Treble hooks are not allowed while fishing in the Temperance River, downstream from Highway 61.
- Hunting and trapping are allowed in the Cross River Unit of Temperance River State Park.

CURIOUS ABOUT THE LAKE SUPERIOR STATE WATER TRAIL? GO TO MNDNR.GOV/WATERTRAILS

MORE INFORMATION

Minnesota Department of Natural Resources
Information Center
500 Lafayette Rd., St. Paul, MN 55155-4040
888-646-6367 or mndnr.gov/parks

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This information may be available in alternative format upon request.

MINNESOTA
STATE PARKS AND TRAILS