

MAP AND GUIDE: LAKE BEMIDJI **STATE PARK**

3401 STATE PARK ROAD NE **BEMIDJI. MN 56601 BELTRAMI COUNTY** 218-308-2300





VISITOR TIPS

- Dead timber is being removed in some areas of the park to reduce the risk of fire for nearby neighbors.
- Groomed trails are for skiers only. Hikers and snowshoers, please use designated winter hiking trails.
- Find WiFi at the campground, park office and visitor center.
- In an emergency call 911.
- Non-emergency sheriff's number: 218-333-9111.



ONLY HAVE AN HOUR?

- Bring or rent snowshoes from the park office and hike anywhere in the park except groomed ski trails.
- Stretch your legs or walk the dog on the park's winter hiking trail and take a quick trek along the lake to see ice formations.
- Ski the Rocky Point Trail up to the overlook and get a grand view of Lake Bemidji from its highest point.



VISIT MNDNR.GOV/LAKEBEMIDJI

ABOUT THE PARK

This impressive landscape, protected as a park in 1923, is the result of the last stage of glaciation in Minnesota. Many of the swamps and bogs formed when chunks of ice separated from the receding glacier and left depressions that later filled with water. This place has drawn many people. American Indian tribes have lived. fished and hunted around Lake Bemidji for generations. More recently, pioneer loggers harvested the area's white and red pines. Visit today and enjoy the park's unique combination of recreation and natural experiences.



Ski, snowshoe or stay at the park.

TRAIL HIGHLIGHTS

Pinewood Trail 3 miles one-way

Snowmobile trail • Terrain varies

A snowmobile trail cuts through the park, offering access to Lake Bemidji and more snowmobile trails in the surrounding area.

Rocky Point/Homestead/Balsam Trails

1.75-mile loop

Ski trail/Multi-use trail • Rolling hills

Start your ski adventure along Lake Bemidji, travel through forests, around the campground, and then back to where you started.

Paul Bunyan State Trail

1.5 miles one-way

Ski trail/Multi-use trail • Mostly flat

This trail features tracked cross-country ski trails and a skate ski lane. Perfect for beginners!

Old Logging Trail 2.75-mile loop

Ski trail • Steep terrain • Rolling hills

The "downhill" experiences on these challenging slopes are only for the most experienced skiers.

MORE TO EXPLORE AT THE PARK —

- Find events and naturalist programs year-round.
- Stay overnight in one of four heated camper cabins, conveniently close to both the cross-country ski trail system and the snowmobile trail. Make a reservation.
- Warm up in front of a wood stove or enjoy the interpretive exhibits at the heated trail/visitor center. You'll also find restrooms.
- Checkout skis or ice fishing rods at the park office for free.

SO EVERYONE CAN ENJOY THE PARK...

A full set of STATE PARK RULES AND REGULATIONS is available at mndnr.gov.



PARK OPEN 8 a.m.-10 p.m. daily.



VEHICLE PERMITS

Permits required; purchase at park office or entrance kiosk.



PETS WELCOME

Keep on 6-foot leash; pick up after; attend at all times; not allowed in buildings or at beaches.



CAMPGROUND QUIET HOURS

10 p.m.– 8 a.m.; only registered campers may be in campground during quiet hours.



FIREWOOD

Must be purchased at this park or from vendors who sell wood approved for this park; no gathering firewood in the park.



CURIOUS ABOUT CABINS OR CAMPING? VISIT MNDNR.GOV/RESERVATIONS OR CALL 866-857-2757

? MORE INFORMATION

Minnesota Department of Natural Resources Information Center 500 Lafayette Rd., St. Paul, MN 55155-4040 888-646-6367 or mndnr.gov/parks

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