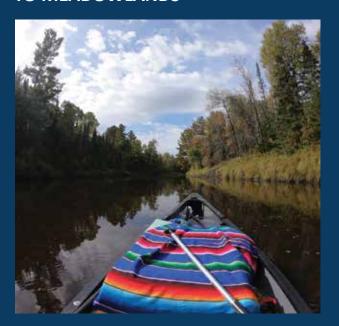


# ST. LOUIS RIVER **STATE WATER TRAIL**



## **MAP 1 - SEVEN BEAVER LAKE TO MEADOWLANDS**



MI MINNESOTA STATE PARKS AND TRAILS



## **ABOUT THE WATER TRAIL**

The St. Louis River has one of the largest watersheds in Minnesota, covering 3,650 square miles. It begins in the Superior National Forest and flows southwest to Floodwood before turning southeast to meet Lake

You'll experience a wilderness feel on this upper section of the river. Paddle past remote, forested areas, bluffs and wooded hills. You may even see moose, gray wolves or black bear. Stream flow usually peaks in late April and falls throughout the summer.

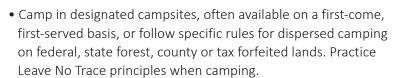
From Skibo Mills to near Hwy 100, expect Class I-II rapids and numerous boulder beds that may damage watercraft. This area may be impassable at medium to low water levels. Paddling conditions improve below Hwy 100 where the river twists and turns past wooded shoreline and occasional farm fields.

Hazards include Class I rapids and a dam below Hwy 53. Be aware of the dam's location and portage options.



The upper portions of the river can be quite rocky.

### WATERCRAFT CAMPING -





- Stay off private property. Stop only at designated sites; much of the shoreland is private property.
- Be sanitary! Use designated toilet facilities or bury human waste away
- Follow the rules for firewood. State forests allow you to gather dead wood for a fire, but state parks do not.

# **CONTACTS**

#### **DNR DISTRICT OFFICE**

650 Hwy 169 Tower, MN 55790 Call 218-300-7841 for river questions or to report conditions and water levels.

### **DNR NORTHEAST REGIONAL OFFICE**

1201 East Hwv. 2 Grand Rapids, MN 55744 218-328-8980

#### **DNR INFORMATION CENTER**

500 Lafayette Rd. St. Paul, MN 55155-4040 888-646-6367 info.dnr@state.mn.us

### -MEDICAL-

### **ESSENTIA HEALTH: NORTHERN PINES**



5211 Highway 110 Aurora, MN 55705 218-229-2211

**IN AN EMERGENCY CALL 911** 

### -TRIP PLANNING AND SAFETY $\,\,\,\,\,\,\,\,\,\,\,\,$

- Plan your trip with a map before you leave. Tell someone your plans, including put-in and take-out times.
- Travel with a companion or group.
- Most people paddle 2-3 river miles per hour.
- River levels can affect your speed and trip safety. Check conditions at mndnr.gov/river levels.
- Don't underestimate the power of wind and waves, especially on large lakes.
- Be cautious of obstacles in the river and avoid overhanging and dead trees.
- Bring clean drinking water and a waterproof container with a first aid kit, waterproof matches and extra clothes.
- Wear a life jacket at all times while on the water.
- Purchase a license for your non-motorized watercraft if it's more than 10 feet in length. If you're not from Minnesota, check your state's watercraft license laws.

### - RECOMMENDED DAY TRIP —

#### **County Road 4 to County Road 95**

- Put-in location: County Road 4 Bridge River mile **151.9**
- Take-out location: County Road 95 Carry-in Access

River mile **144.6** 

• Length: 7.3 river miles

Follow the river's winding path past thickly wooded shoreline with glimpses of farm fields and county roads. You'll encounter several shallow, sandy sections along the way. The put-in location is undeveloped and requires carrying-in your canoe or kayak on the downstream side of the bridge.

### — EXPLORE ON SHORE—

#### **Superior National Forest**

This national forest holds three million acres of diverse habitat, plants and animals. The upper reaches of the St. Louis River flow through the Laurentian Divide District of the forest. Contact the US Forest Service for rules regarding dispersed camping during a canoe or kayak trip.

fs.usda.gov/superior

### — PROTECT THE RIVER—

Your experience on the river depends on a healthy environment. As you explore the beauty of this waterway, also do your best to protect it.

### **Protect Your Waters**

Before launching...before leaving

- Clean off aquatic plants and animals.
- Drain all water away from the landing.
- Dispose of unwanted bait in the trash.

### mndnr.gov/invasives/aquatic

#### **Buffer Protection**

The Minnesota buffer law establishes new vegetation buffers along rivers, streams and ditches to help filter out chemicals and sediment before they reach waterways.

mndnr.gov/buffers

### More Information

### mndnr.gov/watertrails

- River level reporting
- River conditions reporting
- Interactive water trail map • Recommended routes
- River rapids definitions

Virtual tours

Search for outfitters at exploreminnesota.com

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651-296-6157, or MN Relay 711.