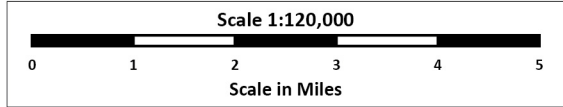


SAUK RIVER STATE WATER TRAIL

MAP 2 - County Road 14 to the Mississippi River

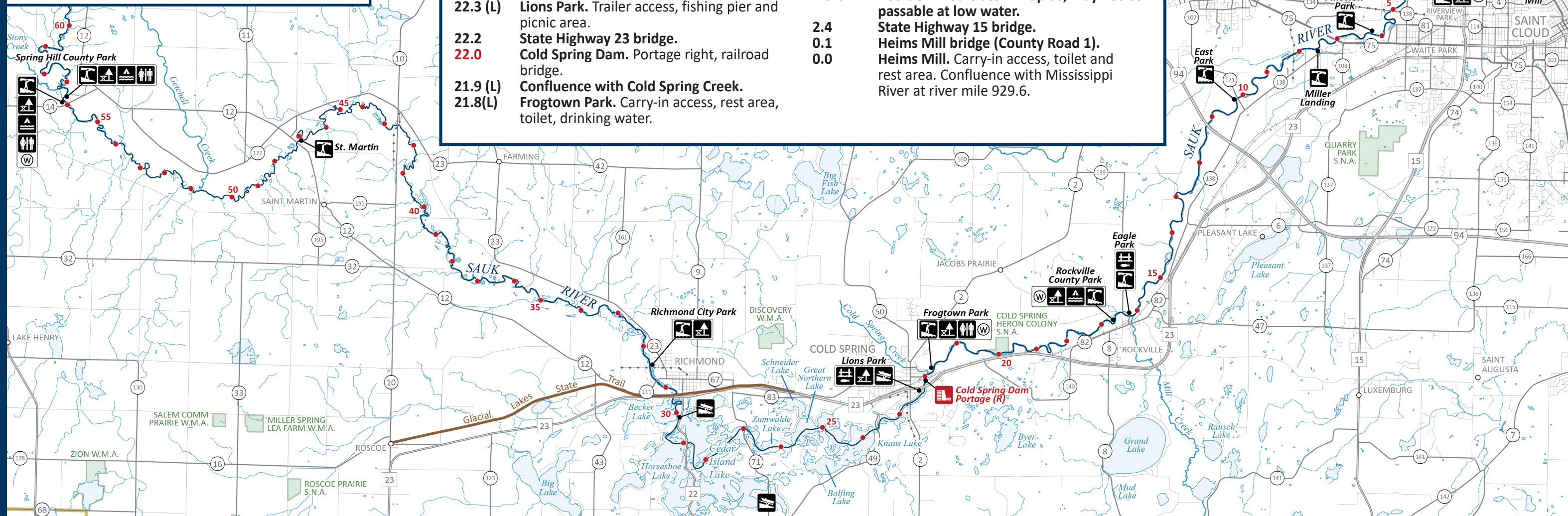
- Carry-in Access
 - Trailer Access
 - Toilet
 - Hospital/Clinic
 - Rest Area
 - Fishing Pier
 - Campground
 - Watercraft Campsite
 - Dam
 - Drinking Water
 - State Unit Boundaries
 - Public Lands
 - River Level Gauge
 - Power Lines
 - Railroad
 - Rapids
 - River Miles
 - State Trail - paved
 - Lake Wobegon Trail - paved
- W.M.A. = Wildlife Management Area
S.N.A. = Scientific and Natural Area



ROUTE DESCRIPTION - RM 60 to 0

- 56.6 (R) Confluence with Stony Creek.
- 56.2 (L) Spring Hill County Park. Watercraft campsite, carry-in, restrooms and rest area.
- 56.1 (R) Spring Hill County Park. Carry-in access, rest area, watercraft campsite and drinking water.
- 56.0 County Road 14 bridge.
- 50.8 (L) Confluence with Getchell Creek.
- 47.2 County Road 12 bridge.
- 47.1 (R) St. Martin carry-in access.
- 42.7 County Road 10 bridge. Powerline crossing.
- 39.8 260th St. bridge.
- 31.5 (L) City of Richmond Park. Carry-in access and picnic area. Powerline crossing.
- 31.3 County Road 111 bridge.
- 30.6 Highway 23/Glacial Lakes State Trail bridges.
- 29.9 (L) Horseshoe Lake.
- 28.9 State Highway 22 bridge.
- 27.0 County Highway 71 bridge. Trailer launch on south end of Cedar Island Lake (L).
- 23.5 County Road 49 bridge.
- 22.7 County Road 2 bridge. Powerline crossing.
- 22.3 (L) Lions Park. Trailer access, fishing pier and picnic area.
- 22.2 State Highway 23 bridge.
- 22.0 Cold Spring Dam. Portage right, railroad bridge.
- 21.9 (L) Confluence with Cold Spring Creek.
- 21.8(L) Frogtown Park. Carry-in access, rest area, toilet, drinking water.
- 19.9 (L) Cold Spring Heron Colony Scientific and Natural Area.
- 16.8 (L) Rockville County Park. Carry-in access, watercraft campsite and picnic area. Water available near the parking lot.
- 16.2 County Road 139 bridge.
- 16.2 (L) Eagle Park. City of Rockville, carry-in access and fishing pier.
- 16.1 (R) Confluence with Mill Creek. Fish barrier dam.
- 11.2 Interstate 94 bridge.
- 10.2 (L) East Park carry-in access.
- 10.1 County Road 121 bridge.
- 8.2 Powerline crossing.
- 7.6 (R) Miller Landing carry-in access.
- 7.0 County Road 75 bridge.
- 6.2 (L) Pineview Park carry-in access.
- 6.0 Old Highway 52 bridge.
- 5.0 Railroad bridge. Powerline crossing.
- 4.5 (R) Knights of Columbus Park. Carry-in access, picnic area and drinking water.
- 4.4 County Road 40/Veteran's Drive bridge.
- 4.3 County Roads 138/134 bridge.
- 2.5-0 Boulder-filled Class I-II rapids, may not be passable at low water.
- 2.4 State Highway 15 bridge.
- 0.1 Heims Mill bridge (County Road 1).
- 0.0 Heims Mill. Carry-in access, toilet and rest area. Confluence with Mississippi River at river mile 929.6.

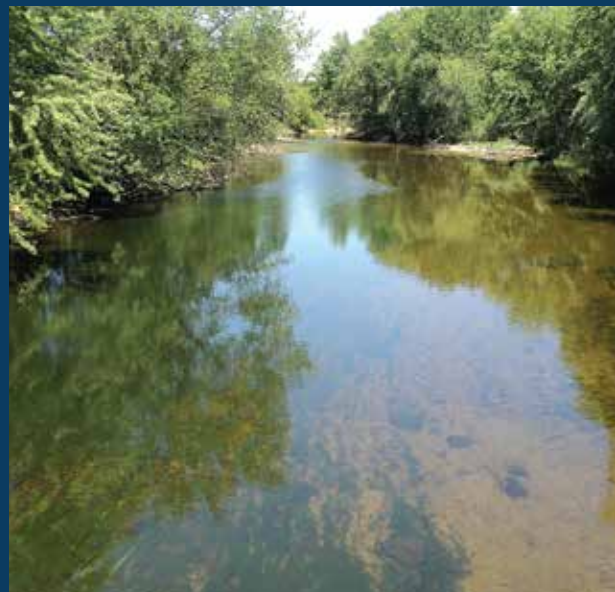
For detailed information on the Mississippi River State Water Trail, visit: mndnr.gov/watertrails



SAUK RIVER STATE WATER TRAIL



MAP 2 - COUNTY ROAD 14 TO THE MISSISSIPPI RIVER



m MINNESOTA
STATE PARKS AND TRAILS

Photo Credit: Sauk River Watershed District

AREA OVERVIEW



ABOUT THE WATER TRAIL

The Sauk River begins in Lake Osakis in Todd County and flows 126 miles across central Minnesota before joining the Mississippi River. This shallow river passes farmland, residential areas, naturally restored prairie grasslands, swamps and rich hardwood forests. You'll find many parks, river accesses and campsites. Most of the river offers an enjoyable paddling experience for any skill level.

Near Richmond, the river forms a "Chain of Lakes" with over 80 miles of continuous shoreline in less than 8 miles. As you approach Rockville, look for an elevated tamarack bog on the north bank of the river for golden fall scenery. Ancient granite outcrops and small hills provide a scenic landscape as you continue on. With enough water, the last 2.5 miles of the river offer a nearly continuous stretch of Class I-II rapids and scattered surfing waves before meeting the Mississippi River.

Hazards include rapids and dams; be aware of portage routes. Watch for snags (fallen trees) in the river that may tip an unwary paddler.



Stearns County Parks

Numerous parks offer access along the river.

TRIP PLANNING AND SAFETY



- Plan your trip with a map before you leave. Tell someone your plans, including put-in and take-out times.
- Travel with a companion or group.
- Most people paddle 2-3 river miles per hour.
- River levels can affect your speed and trip safety. Check conditions at mndnr.gov/river_levels.
- Don't underestimate the power of wind and waves, especially on large lakes.
- Be cautious of obstacles in the river and avoid overhanging and dead trees.
- Bring clean drinking water and a waterproof container with a first aid kit, waterproof matches and extra clothes.
- Wear a life jacket at all times while on the water.
- Purchase a license for your non-motorized watercraft if it's more than 10 feet in length. If you're not from Minnesota, check your state's watercraft license laws.

WATERCRAFT CAMPING



- Camp only in designated campsites, which are often available on a first-come, first-served basis.
- Riverbed camping next to private property is not permitted.
- Stay off private property. Stop only at designated sites; much of the shoreland is private property.
- Be sanitary! Use designated toilet facilities or bury human waste away from the river.
- Follow the rules for firewood. State forests allow you to gather dead wood for a fire, but state parks do not.

RECOMMENDED DAY TRIP

Eagle Park to Miller Landing

- Put-in location: Eagle Park (carry-in)
River mile **16.2**
- Take-out location: Miller Landing (carry-in)
River mile **7.6**
- Length: **8.6** river miles

Follow the river's gentle twists and turns past wooded shoreline mixed with farm fields and occasional development. This route is not recommended in late summer when water levels are low, and pockets of thick vegetation may prove a challenge to paddle through. Extend this trip another five miles by starting from the landing at Frogtown Park.

EXPLORE ON SHORE

Glacial Lakes State Trail

This 7.5-mile portion of the paved state trail crosses the river at river mile 30.6 and connects the towns of Roscoe, Richmond and Cold Spring.
mndnr.gov/glaciallakestrail

Spring Hill County Park

This Stearns County park has hiking trails, fishing, camping, picnicking, a playground and a prairie restoration site.
stearnscountymn.gov

PROTECT THE RIVER

Your experience on the river depends on a healthy environment. As you explore the beauty of this waterway, also do your best to protect it.

Protect Your Waters

- Before launching...before leaving
- Clean off aquatic plants and animals.
 - Drain all water away from the landing.
 - Dispose of unwanted bait in the trash.

mndnr.gov/invasives/aquatic

Buffer Protection

The Minnesota buffer law establishes new vegetation buffers along rivers, streams and ditches to help filter out chemicals and sediment before they reach waterways.

mndnr.gov/buffers

CONTACTS

DNR AREA OFFICE

1035 South Benton Dr.
Sauk Rapids, MN 56379
320-223-7878

DNR INFORMATION CENTER

500 Lafayette Rd.
St. Paul, MN 55155-4040
888-646-6367
info.dnr@state.mn.us

MEDICAL



CENTRACARE PLAZA URGENT CARE

1900 Centracare Circle
St. Cloud, MN 56303
320-229-5099

ST. CLOUD HOSPITAL

1406 6th Ave. N
St. Cloud, MN 56303
320-251-2700

IN AN EMERGENCY CALL 911

More Information

mndnr.gov/watertrails

- River level reporting
- River conditions reporting
- Interactive water trail map
- Recommended routes
- River rapids definitions
- Virtual tours

Search for outfitters at
exploreminnesota.com

This document is available in alternative formats to individuals with disabilities by contacting info.dnr@state.mn.us, 651-296-6157, or MN Relay 711.