

MINNESOTA RIVER STATE WATER TRAIL
MAP 5 - Cambria to Henderson

Legend: Carry-in Access, Trailer Access, Parking, Historic Site, Hospital/Clinic, Drinking Water, Rest Area, Fishing Pier, Campground, Watercraft Campsite, River Level Gauge, River Miles, Powerline, State Public Lands, WMA Wildlife Management Area, AMA Aquatic Management Area, SNA Scientific and Natural Area.

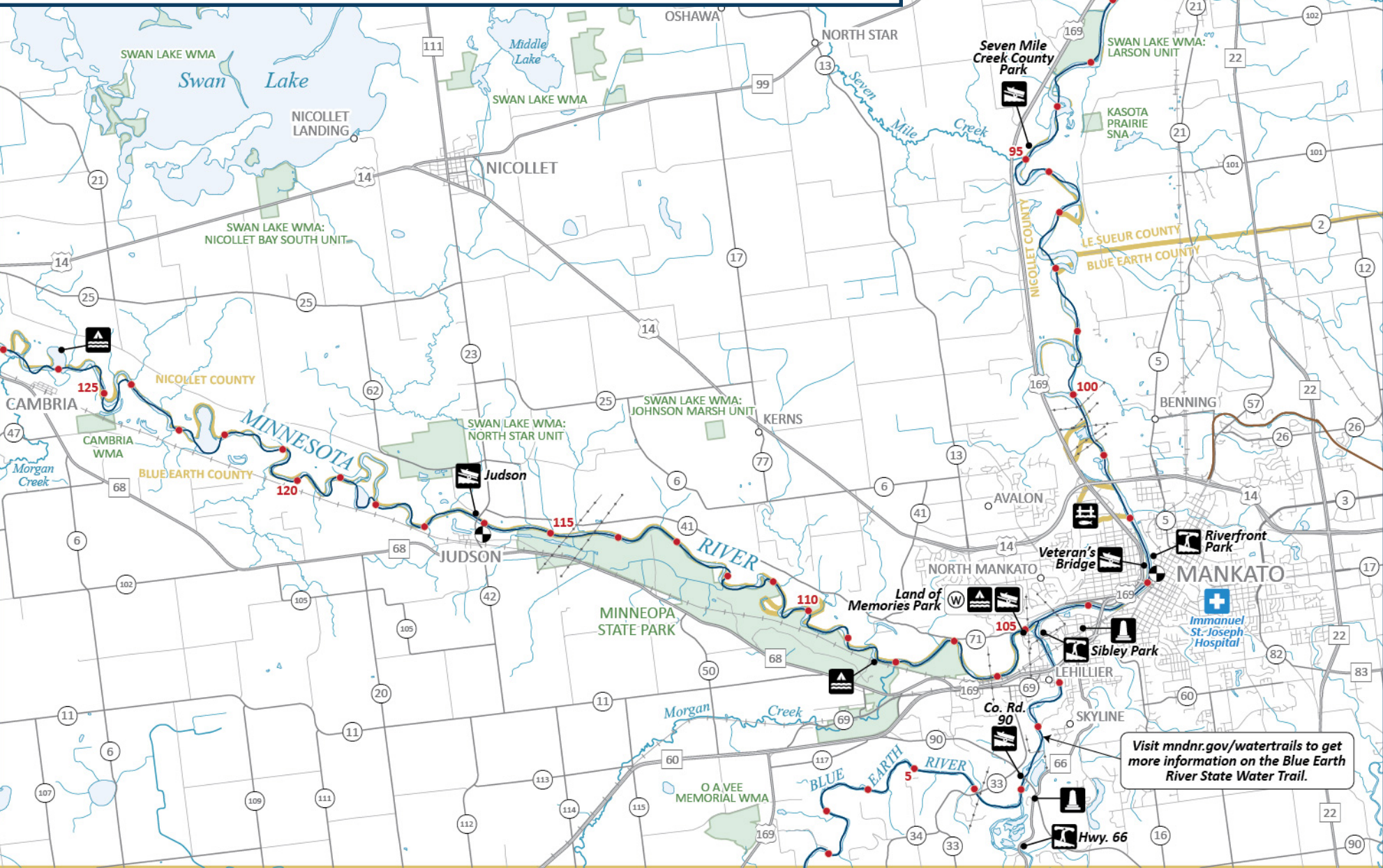
Scale 1:122,000. Scale in Miles: 0 to 4.

Inset map of Minnesota showing the location of the trail from Duluth to St. Paul.

Route Description, RM 127 to 65

R and L represent sides of the river facing downstream.

127.1 (R)	Confluence with Morgan Creek.	84.8 (L)	Confluence with Rogers Creek.
126.8 (R)	City of Cambria.	84.0 (R)	Confluence with Cherry Creek.
116.7 (L)	Swan Lake outlet.	82.3 (R)	Ottawa trailer access.
116.2 (L)	Judson trailer access.	82.5 (R)	City of Ottawa.
116.2 (R)	County Road 42 bridge. City of Judson.	80.8-79.2(R)	Chamberlain Woods Scientific and Natural Area.
116.0-106.5 (R)	Minneopa State Park.	77.8 (L)	Confluence with Barney Fry Creek.
108.5 (R)	Minneopa State Park camping.	74.5 (R)	Le Sueur trailer access. City of Le Sueur/ Highway 93 bridge. drinking water, rest area, watercraft campsite (permit required).
108.2 (R)	Confluence with Minneopa Creek.	72.0 (R)	Confluence with Le Sueur Creek. Highway 169 bridge.
105.1 (R)	Land of Memories Park. Trailer access/camping.	70.0 (L)	Minnesota Valley State Recreation Area - Rush River Unit.
105.1 (R)	Confluence with Blue Earth River.	70.0 (L)	Rush River confluence.
105.1 (R)	Sibley Park carry-in access.	68.4 (R)	Confluence with Robert Creek. Henderson Station carry-in access.
104.0	Highway 169 bridge.	67.4 (L)	Trailer access. City of Henderson/ Highway 19 bridge.
103.0	Veterans Memorial bridge.	66.1	Enter Scott County.
101.6	Highway 14 bridge.		
101-91.2 (R)	East Minnesota River State Game Refuge.		
95.0 (L)	Confluence with Seven Mile Creek.		
94.9 (L)	Seven Mile Creek County Park trailer access.		
94.9 (L)	Seven Mile Creek County Park.		
92.3 (L)	Swan Lake (Larson) Wildlife Management Area.		
90.5 (R)	Confluence with Shanaska Creek.		
88.9 (L)	Riverside Park carry-in access. Highway 22 bridge.		
88.8 (L)	#6 trailer access and campsite.		
88.9	Highway 99 bridge.		
87.2 (L)	Campsite.		
86.3 (L)	Traverse Des Sioux City Park carry-in access.		





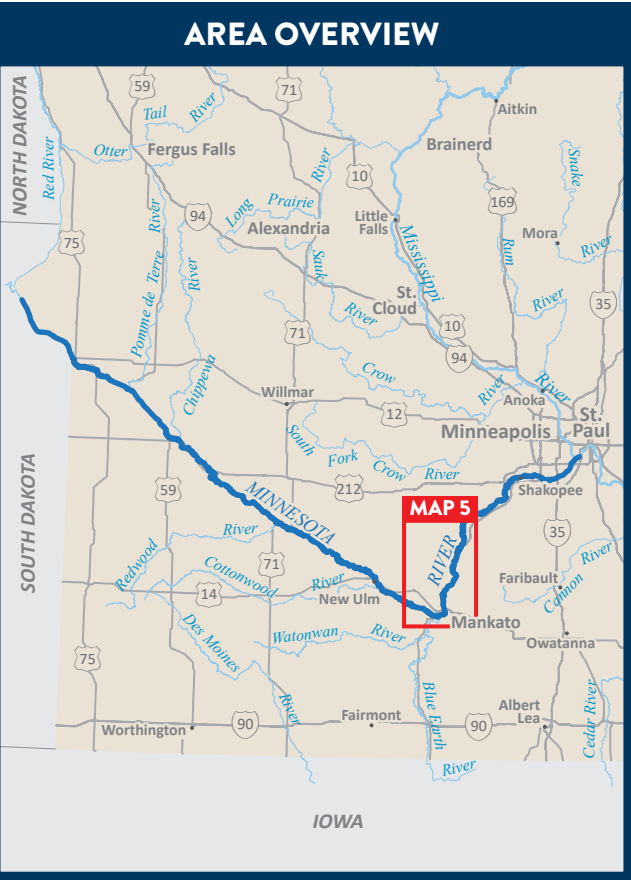
# MINNESOTA RIVER STATE WATER TRAIL



## MAP 5 - CAMBRIA TO HENDERSON



**m MINNESOTA**  
STATE PARKS AND TRAILS



## ABOUT THE WATER TRAIL

The Minnesota River almost doubles in size when it takes a fairly sharp turn to the northeast as the Blue Earth River flows into it at Land of Memories Park in Mankato. The river begins to widen significantly exposing many sandbars at medium and low water levels. The vegetation found along the floodplain, silver maple, willow, cottonwood and ash, is a pleasing contrast to the upland bluffs of red cedar and pockets of prairie grasses.

Paddlers will find mostly forested areas along the riverbank and numerous city parks in the two larger cities of Mankato and New Ulm along with the popular Minneopa State Park and Seven Mile Creek County Park. The river also flows past the Traverse de Sioux Historical Site, north of St. Peter.

There are a number of easy stretches to paddle along this section, including from Mankato to Seven Mile Creek, covering just over seven miles or from Le Sueur to Henderson, paddling past the Rush River outlet.



The widened river flows gently in this section.

## TRIP PLANNING AND SAFETY



- Plan your trip with a map before you leave. Tell someone your plans, including put-in and take-out times.
- Travel with a companion or group.
- Most people paddle 2-3 river miles per hour.
- River levels can affect your speed and trip safety. Check conditions at [mndnr.gov/river\\_levels](https://mndnr.gov/river_levels).
- Don't underestimate the power of wind and waves, especially on large lakes.
- Be cautious of obstacles in the river and avoid overhanging and dead trees.
- Bring clean drinking water and a waterproof container with a first aid kit, waterproof matches and extra clothes.
- Wear a life jacket at all times while on the water.
- Purchase a license for your non-motorized watercraft if it's more than 10 feet in length. If you're not from Minnesota, check your state's watercraft license laws.

## WATERCRAFT CAMPING



- Camp only in designated campsites, which are often available on a first-come, first-served basis.
- Riverbed camping next to private property is not permitted.
- Stay off private property. Stop only at designated sites; much of the shoreland is private property.
- Be sanitary! Use designated toilet facilities or bury human waste away from the river.
- Follow the rules for firewood. State forests allow you to gather dead wood for a fire, but state parks do not.

## RECOMMENDED DAY TRIP

### Judson Access to Land of Memories Park

- Put-in location: River mile **116.2**
- Take-out location: River mile **105.1**
- Length: **11.1** river miles

This stretch passes along Minneopa State Park, which has an assortment of fun activities for the family, including a large, bison enclosure, naturalist programs and a waterfall.

Located near the confluence with the Blue Earth River, Land of Memories Park, a Mankato city park, has hiking/biking trails, sports fields, disc golf and a pavilion.

## EXPLORE ON SHORE

### Minneopa State Park River mile **108.4**

Camping (fee), toilets, drinking water and picnic areas.

[mndnr.gov/minneopa](https://mndnr.gov/minneopa)

### Land of Memories Park River mile **105.1**

Camping (fee), toilets, drinking water and picnic areas as well as a trailer access.

[mankatomn.gov](https://mankatomn.gov)

### Seven Mile Creek County Park River mile **94.9**

Shelters, picnic areas, 9 miles of hiking trails and a trailer access.

[co.nicollet.mn.us](https://co.nicollet.mn.us)

## PROTECT THE RIVER

Your experience on the river depends on a healthy environment. As you explore the beauty of this waterway, also do your best to protect it.

### Protect Your Waters

Before launching...before leaving

- Clean off aquatic plants and animals.
- Drain all water away from the landing.
- Dispose of unwanted bait in the trash.

[mndnr.gov/invasives/aquatic](https://mndnr.gov/invasives/aquatic)

### Buffer Protection

The Minnesota buffer law establishes new vegetation buffers along rivers, streams and ditches to help filter out chemicals and sediment before they reach waterways.

[mndnr.gov/buffers](https://mndnr.gov/buffers)

## CONTACTS

### DNR REGION

#### HEADQUARTERS

21371 State Highway 15 South  
New Ulm, MN 56073  
507-233-1200

### DNR INFORMATION CENTER

500 Lafayette Rd.  
St. Paul, MN 55155-4040  
888-646-6367  
[info.dnr@state.mn.us](mailto:info.dnr@state.mn.us)

### MINNEOPA STATE PARK

54497 Gadwall Road  
Mankato, MN 56001  
507-386-3910  
[mndnr.gov/minneopa](https://mndnr.gov/minneopa)

## MEDICAL



### IMMANUEL ST. JOSEPH

1025 Marsh St.,  
Mankato, MN 56001  
507-625-4031

### RIVER'S EDGE HOSPITAL

1900 N. Sunrise Drive  
St Peter, MN 56082  
507-931-2200

**IN AN EMERGENCY CALL 911**

## More Information

[mndnr.gov/watertrails](https://mndnr.gov/watertrails)

- River level reporting
- River conditions reporting
- Interactive water trail map
- Recommended routes
- River rapids definitions
- Virtual tours

Search for outfitters at  
[exploreminnesota.com](https://exploreminnesota.com)

This document is available in alternative formats to individuals with disabilities by contacting [info.dnr@state.mn.us](mailto:info.dnr@state.mn.us), 651-296-6157, or MN Relay 711.