

# KETTLE RIVER STATE WATER TRAIL



MAP 2 - SANDSTONE TO THE ST. CROIX RIVER



MINNESOTA
STATE PARKS AND TRAILS



# **ABOUT THE WATER TRAIL**

The Kettle River offers a scenic experience as it threads through dense forest, rocky cliffs and bluffs. It is also one of the best whitewater rivers in the Midwest. Its clear waters, tinted amber by area swamps, fall an average of 6.1 feet per mile. The river depends on runoff for most of its flow and responds dramatically to rain. Be sure to check river level gauge readings before paddling.

Most rapids, except in the upper reaches, are runnable if the County Road 12 bridge gauge and/or Willow River Long Lake Road gauge reads "Medium" or above. Many rapids will be scrapeable in lower water conditions. Most of the rapids on this river are Class I, II or III depending on water levels.

The Big Spring Falls and Sandstone Rapids Area (RM 24 to 23.4) in Banning State Park range in difficulty from Class II-IV at all water levels. Portage right 0.7 miles. Dangerous undercut walls and ledges in this section of boulder bed rapids can trap debris, watercraft and swimmers. Only highly experienced whitewater paddlers who have done the required scouting should attempt this area.

Hazards include Class I-IV rapids; be aware of their locations and ratings.



The river offers a wide range of paddling opportunities.

# m-TRIP PLANNING AND SAFETYm-

- Plan your trip with a map before you leave. Tell someone your plans, including put-in and take-out times.
- Travel with a companion or group.
- Most people paddle 2-3 river miles per hour.
- River levels can affect your speed and trip safety. Check conditions at mndnr.gov/river levels.
- Don't underestimate the power of wind and waves, especially on large lakes.
- Be cautious of obstacles in the river and avoid overhanging and dead trees.
- Bring clean drinking water and a waterproof container with a first aid kit, waterproof matches and extra clothes.
- Wear a life jacket at all times while on the water.
- Purchase a license for your non-motorized watercraft if it's more than 10 feet in length. If you're not from Minnesota, check your state's watercraft license laws.

# -WATERCRAFT CAMPING -

- Camp only in designated campsites, which are often available on a first-come, first-served basis.
- Riverbed camping next to private property is not permitted.
- Stay off private property. Stop only at designated sites; much of the shoreland is private property.
- Be sanitary! Use designated toilet facilities or bury human waste away from the river.
- Follow the rules for firewood. State forests allow you to gather dead wood for a fire, but state parks do not.

# ( CONTACTS

# STATE PARKS AND TRAILS DISTRICT OFFICE

701 S Kenwood Ave. Moose Lake, MN 55767 218-460-7020

#### **DNR INFORMATION CENTER**

500 Lafayette Rd. St. Paul, MN 55155-4040 888-646-6367 info.dnr@state.mn.us

#### **BANNING STATE PARK**

P.O. Box 643 Sandstone, MN 55072 320-216-3910

#### ST. CROIX STATE PARK

30065 St. Croix Park Road Hinckley, MN 55037 320-384-6591

# -MEDICAL-

#### ESSENTIA HEALTH

705 Lundorff Dr. Sandstone, MN 55072 320-245-5600

**IN AN EMERGENCY CALL 911** 

# - RECOMMENDED DAY TRIPS —

#### **#5 Trailer Access to #6 Trailer Access**

- Put-in location: #5 Trailer Access River mile **15.1**
- Take-out location: #6 Trailer Access River mile **7.9**
- Length: **7.2** river miles

If you are looking for mostly flat water, this is the route for you. This slow, winding segment passes through forest with black spruce, fir, birch, aspen, maple, ash, elm and scattered red, white and jack pine. Watch for Class I rapids at river mile 11.

# EXPLORE ON SHORE—

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# **Banning State Park**

Pull onto shore at the park's southernmost boat launch and hike a short trail for views of Big Spring Falls from land.

# mndnr.gov/banning

## St. Croix State Park

The Kettle River meets the St. Croix River within this large park. You'll find several launch sites and designated canoe campsites (first come, first served).

## mndnr.gov/stcroix

# - PROTECT THE RIVER-

Your experience on the river depends on a healthy environment. As you explore the beauty of this waterway, also do your best to protect it.

## **Protect Your Waters**

Before launching...before leaving

- Clean off aquatic plants and animals.
- Drain all water away from the landing.
- Dispose of unwanted bait in the trash.

## mndnr.gov/invasives/aquatic

## **Buffer Protection**

The Minnesota buffer law establishes new vegetation buffers along rivers, streams and ditches to help filter out chemicals and sediment before they reach waterways.

mndnr.gov/buffers

# More Information

## mndnr.gov/watertrails

- River level reporting
- River conditions reporting
- Interactive water trail mapRecommended routes
- River rapids definitions
- Virtual tours

Search for outfitters at **exploreminnesota.com** 

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651-296-6157, or MN Relay 711.