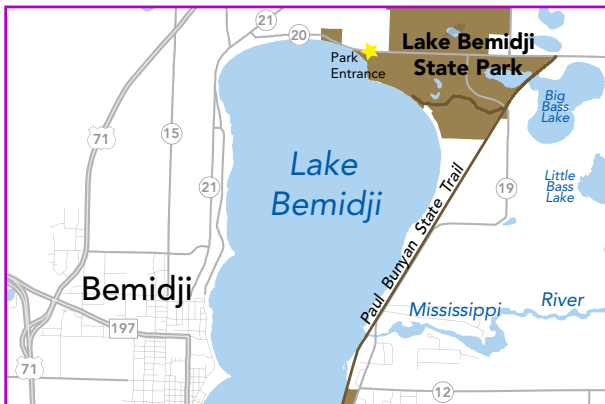




Lake Bemidji State Park

3401 State Park Rd. NE
Bemidji, MN
218-308-2300

modern camping facilities • camper cabins • swimming beach • lakeside picnic grounds and shelter • boat rentals • marina • paved boat launch • trailhead for Paul Bunyan State Trail • off-road bicycle trail • groomed ski and snowmobile trails • visitor center with a 200-gallon aquarium • year-round interpretive programs • group camp with modern amenities • accessible trail



Camping/Lodging/Tour Reservations

mndnr.gov/reservations | 866-857-2757 (toll-free)

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BOG WALK

Lake Bemidji State Park



A natural botanical
wetland preserve
just minutes from
downtown Bemidji,
Minnesota.



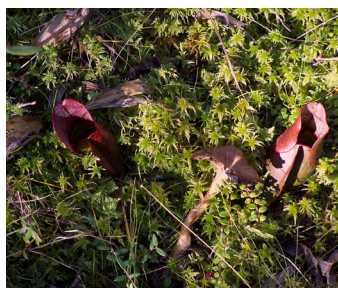
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Dragon's-mouth orchid



Sundew



Pitcher plant

Bogs, sometimes described as Minnesota's last wilderness areas, have long been shrouded in mystery due to their inaccessibility. At Lake Bemidji State Park, visitors can see the unique ecology of a bog up-close on the Bog Walk, a ¼-mile boardwalk that winds through the park's bog area.

Orchids and Insect-eating Plants

In early summer, visitors to the bog will see both white and dark pink dragon's-mouth orchid flowers framed by lush green mosses. Insect-eating plants such as the pitcher plant and round-leaved sundew are also on display. By late June, the showy lady's-slipper orchid is in full bloom and easy to photograph from the boardwalk. Seven other orchid species and over 100 other plants bloom along the boardwalk throughout the summer season.

Naturalist Guides

During the peak summer season, state park naturalists and volunteers rove the boardwalk answering questions about wetland ecology and helping to point out rare plants and other treasures of the bog.

The Park

Six additional trails connect to other natural areas in the park, including old-growth maple-basswood forest, boreal forest, lowland forest and pinelands. Located on the north shore of Lake Bemidji, the park also provides lake access for water-based recreation such as swimming, canoeing, fishing, kayaking and boating.

An Outdoor Classroom

Informational signs along the boardwalk describe the trees, wildflowers and birds of the bog and their intricate interrelationships. Each year in late July, the park celebrates International Bog Day with special presentations and guided walks. Groups can arrange for special guided tours by contacting the park naturalist.

Wildlife

Because of the variety of natural areas in the park, birds are abundant. Waterfowl and warblers are frequently seen during spring and fall migrations. In summer, sightings of eagles and osprey are common.



Showy lady's-slipper



Cedar waxwings