

MOUNTAIN BIKING IN MINNESOTA STATE FORESTS

Before you go, you need to know...

About the road and trails

- State forest roads and trails can range from asphalt to gravel, maintained to minimal maintenance road surfaces.
- Forest roads are used by cars, logging trucks, and other forest users (hikers, hunters, horseback riders, ATVs, and off-highway motorcycles).
- Mountain biking is permitted on all state forest roads and trails unless posted closed with the exception of Richard J. Dorer Memorial Hardwood State forest, where mountain bikes are permitted only on designated trails.

About the public and private crossings

- Within state forest boundaries there are a mixture of state, county, federally and privately owned lands.
 - County and federal lands have their own rules for use.
 - Private lands, you must have permission to enter. Trespass laws apply.

Sharing the roads trails

- All laws for public road use must be followed on state forest roads
- Watch out for logging trucks and heavy equipment in a state forest.
- Check the state forest maps and Web site for road and trail closures.

Special events permit

- Mountain bike events require a Special Event Permit. Contact the Area Trails and Waterways Supervisor at www.mndnr.gov/contact



Trail maps are available for many state forests.

Contact:
DNR Information Center
500 Lafayette Road
St. Paul, MN 55155-4040
1-888-MINNDNR or (651) 296-6157
TTY 1-800-657-3929 or 651-296-5484
www.mndnr.gov

Mountain Biking Trails in State Forests

STATE FOREST	STATE FOREST RD.	MULTI-USE TRAIL	TOTAL TRAIL MILES	COMMENTS	MAP AVAILABLE	CONTACT NUMBER
Bear Island	15	10	25	Most roads and trails are open to mountain bikes unless posted	X	218-753-2580, ext. 252
Birch Lake	1.2		1.2	Forest roads are all minimum maintenance.	X	320-255-4279, ext 222
Beltrami Island	474		474	Most roads and trails are open to mountain bikes unless posted	X	218-681-0889, ext. 222
Chengwatana	5	9	14	Most roads and trails are open to mountain bikes unless posted	X	218-485-5410
Cloquet Valley	40		40	Most roads and trails are open to mountain bikes unless posted		218-834-6626
Emily	2		2	Very small with only 2 miles of minimum maintenance forest roads.		218-833-8710
Finland	25	25	50	Most roads and trails are open to mountain bikes unless posted	X	218-834-6626
Fond du Lac	16	33	49	Wetland areas may limit use of major portions of the trails	X	218-485-5410
Foot Hills	15		41	Roads and trails have high ATV use. Use caution.	X	218-833-8710
George Washington	70	49	119	There are large wetland areas which limit use of some roads and trails.	X	218-999-7920
Golden Anniversary		5.5	5.5	5.5 miles of ski trails are open for Mountain bike use in the spring, summer and fall.		218-999-7920
Grand Portage	50		50	Most roads and trails are open to mountain bikes unless posted	X	218-834-6626
Hills River	15		15		X	218-999-7920
Huntersville	45		96	There are also designated horse trails that are not open to mountain bikes.	X	218-833-8710
Kabetogama	40	12	52	Most roads and trails are open to mountain bikes unless posted	X	218-753-2580, ext. 252
Koochiching	110		110	Most roads and trails are open to mountain bikes unless posted	X	218-999-7920
Land O' Lakes	10	15	49	Roads and trails have moderate ATV use. Use caution.	X	218-833-8710
Lyons	15			State forest roads are considered minimum maintenance roads.		218-833-8710
Nemadji	58		179	Most state forest road and trails are open to mountain bikes unless posted.	X	218-485-5410
Paul Bunyan	127		127	Some of the roads are located on old lodging railroad grades. The trail system is multi-use.	X	218-308-2372
Pillsbury	10	27	37	Most state forest road and trails are open to mountain bikes unless posted.	X	218-833-8710
Pine Island	175			Forest roads are open for bike use. Travel off the roads is not advised.	X	218-681-0889, ext. 222
RJD Memorial Hardwood				Mountain bike are permitted only on designated trails.		507-285-7176
• Bronk Management Unit		6.5	6.5	Mountain bike are permitted only on designated trails.	X	507-285-7176
• Kruger Management Unit		5	5	Mountain bike are permitted only on designated trails. These trail are very heavily used by horseback riders.	X	507-285-7176
• Oak Ridge Management Unit		6	6	Mountain bike are permitted only on designated trails.	X	507-285-7176
• Trout Valley Management Unit		7.4	7.4	Mountain bike are permitted only on designated trails. Trails have heavy ATV and Motorcycle use. Use caution.	X	507-285-7176
• Snake Creek Management Unit		7.1	7.1	Mountain bike are permitted only on designated trails. Trails have heavy ATV and Motorcycle use. Use caution.	X	507-285-7176
Rum River	17		17	The forest contains large wetland areas may limit use of major portions of the trails.	X	320-255-4279, Ext. 222
Sand Dunes	10	18	28	This area is very sandy which may make mountain biking difficult.	X	320-255-4279, ext 222
Savanna	44			The Remote Lakes non-motorized area north of Big Sandy Lake has some mountain biking opportunities on cross country ski trails.	X	218-999-7920
Smoky Hills	28.6		37.1			218-308-2372
St. Croix	12	35	47	Mountain bikes are prohibited from using the horsebacking riding and hiking trail shown on map.	X	218-485-5410
Two Inlets	27		27	Most state forest road and trails are open to mountain bikes unless posted.	X	218-308-2372
White Earth	65		65	Most state forest road and trails are open to mountain bikes unless posted.	X	218-308-2372

Other Mountain Biking Trails

STATE TRAIL	MULTI-USE TRAIL*	TOTAL TRAIL MILES	COMMENTS	MAP AVAILABLE	CONTACT NUMBER
Taconite State Trail	X	165	Grand Rapids to Ely	X	218-999-7920
Arrowhead State Trail	X	135	Intersects with Taconite State Trail. Wetland areas may limit use of major portions of the trails	X	218-753-2580, ext. 252
Gandy Dancer Trail	X	98	Interstate trail crosses into Minnesota and then back again into Wisconsin on its way from St. Croix Falls to its connection with the Saunders State Trail just south of Superior.	X	Wisconsin DNR www.dnr.state.wi.us

*Multi-use trails can be used for biking, hiking, horseback riding, OHV, skiing, snowmobiling.