The Gateway State Trail is an 18 mile multiple use trail which runs from St. Paul to Pine Point Park. This paved trail passes through a cross-section of urban areas, parks, lakes, wetlands and fields in Ramsey and Washington Counties. Many trail users are surprised to find rural landscapes so close to the metro area. Others appreciate the access it provides to downtown St. Paul and the State Capitol Complex. The Gateway also provides connections to many local and regional trails.

Located on a former Soo Line Railroad grade, the trail is generally level and wheelchair accessible. Along the eastern 10 miles of the Gateway from I-694 to Pine Point Park, an adjacent unpaved trail is available for horseback riding, or carriage driving.

During winter months the western portion of the trail between Jamaca Ave. in Grant and Cayuga St. in St. Paul is plowed. The eastern portion between Jamaca Ave. and Pine Point Park is groomed for classical cross-country skiing.

This trail requires a permit for anyone cross-country skiing or horseback riding. For more information about the Ski Pass, or the Horse Pass, please call the DNR Info Center at 1-888-MINNDNR or check the website at mndnr.gov.