ABOUT THE PARK

Step into the park and view the rushing waters of the Baptism River as they cleave a 1.1 billion year-old, rugged rhyolite ridge that rises over the Lake Superior shoreline. Hike to waterfalls surrounded by high cliffs that are the result of the water’s work upon the rock. See where the Baptism River spills into Lake Superior and adds its water to the world’s largest freshwater lake. The park’s semi-mountainous terrain offers you numerous overlooks of Lake Superior and the surrounding landscape. This unique area was protected as a state park in 1979.

In the heart of the park, on the shores of Mic Mac Lake, Tettegouche Camp was built over a hundred years ago. You can rent any of the four original, rustic log cabins for an overnight stay or use the lodge, built in 1911, for a unique picnicking site (hike-in only). Experience the quiet northwoods wonder that has captivated humans through the centuries.

TRAIL HIGHLIGHTS

Shovel Point Trail 0.6 miles one-way
Uneven terrain • Wooden stairs and boardwalk • Gravel
Start at the visitor center and follow rugged Lake Superior shoreline along a clifftop. You will end at the tip of the point with a stunning view of Palisade Head to the west. Watch for peregrine falcons in the summer.

High Falls Trail 1.5 miles one-way
Steep terrain • Wooden stairs • Gravel • Bare rock
See the highest waterfall completely within the boundaries of Minnesota. Take the trail from the visitor center to the mouth of the Baptism River. Skip a few rocks, then follow the trail up on this side of the river. A side stairway will allow you to visit Two Step Falls on your way to the High Falls. Take the same trail back.

Tettegouche Camp and Mount Baldy
Steep terrain • Packed dirt • Gravel • Bare rock
Mount Baldy offers some of broadest views of the park. Start your steep hike up Camp Road from the Lax Lake Road parking lot on the north end of the park. Refill your water bottles from the hand pump at Tettegouche Camp before you return.

MORE TO EXPLORE AT THE PARK

• Join a free naturalist program.
• Borrow a GPS unit from the visitor center and find a geocache.
• Rent a canoe and paddle Mic Mac Lake.
• Kayak the Lake Superior State Water Trail.
• Hike and camp on the Superior Hiking Trail.
• Reserve a cabin, campsite, walk-in site or cart-in site and stay awhile.

VISITING IN WINTER

• Ski on groomed trails.
• Rent snowshoes from the visitor center. Explore any trail except groomed ski trails.
• Reserve the Illgen Falls Cabin or a cabin at the rustic Tettegouche Camp year-round.
• Camp year-round in either of two campgrounds.
• Unload a snowmobile at the cart-in campground parking lot and ride trails from there to Finland, Silver Bay and the North Shore State Trail.

SPECIAL RULES

• Treble hooks are not allowed while fishing in the Baptism River between Lake Superior and the Cascades.
• With the exception of Bean and Bear lakes, only non-motorized watercraft may be used on the park’s inland lakes. Watercraft must be removed from the park at the end of each day.
• Special rules apply in the Palisade Valley (southern half of the park) which allows hunting and ATV use on designated trails. Ask staff for details.

PETS WELCOME

Keep on 6-foot or less leash; pick up after; attend at all times; not allowed in buildings.

CAMPGROUND QUIET HOURS

10 p.m.–8 a.m.; only registered campers may be in campground during quiet hours.

FIREWOOD

Must be purchased at this park or from vendors who sell wood approved for this park; no gathering firewood in the park.

CURIOUS ABOUT THE LAKE SUPERIOR STATE WATER TRAIL? VISIT MNDNR.GOV/WATERTRAILS TO LEARN MORE.