ABOUT THE PARK

Established in 1905, Minneopa State Park is the third oldest state park in Minnesota. It is best known for the double waterfall that thunders during high water. The upper falls drops 7 to 10 feet and the lower falls tumbles another 40. This feature is the result of water cutting into layers of sandstone over time.

Take the Mill Road to look for the bison, reintroduced in 2015. These animals will naturally manage the prairie ecosystem, just as they did over a hundred fifty years ago.

Near this area, you may view another reminder of the park’s rich history: Seppmann Mill. Enjoy a walk to the sandstone windmill that ground wheat and other grains from 1864 to 1890.

TRAIL HIGHLIGHTS

Waterfalls Area
Cement • Dirt • Steep stairs
Enjoy Minneopa Creek’s spectacular double waterfall and historic features built by the Works Progress Administration (WPA) workers during the Great Depression.

Minnesota River Bluff Trail (Hiking Club portion)
Grass • Dirt • Rocks • Fairly level with some hilly sections
Follow a trail along the forested Minnesota River Valley and through a tallgrass prairie. Look for bald eagles nesting in cottonwood trees.

Minneopa Creek Confluence Trail
Dirt • Gravel • Rocky • Steep hillside
Walk to Minneopa Creek gorge to experience its confluence with the Minnesota River. Towering cottonwoods and other trees provide a nice shady atmosphere.

Mankato Area Bike Trails (South Route Trail)
Asphalt • Cement • Steep sections
Bike 50 miles of paved trails in the Mankato area, including the Red Jacket Trail, Minnesota River Trail and Sakatah Singing Hills State Trail. Take the South Route Trail from the park to access.

MORE TO EXPLORE AT MINNEOPA

• Find a free naturalist program.
• Look for a geocache.
• Borrow a Kid’s Discovery Kit from the park office.
• Learn more about the formation of the waterfalls.