



MAP AND GUIDE: LAKE BEMIDJI STATE PARK

3401 STATE PARK ROAD NE
BEMIDJI, MN 56601
BELTRAMI COUNTY
218-308-2300



VISITOR TIPS

- Dead timber is being removed in some areas of the park to reduce the risk of fire for nearby neighbors.
- Groomed trails are for skiers only. Hikers and snowshoers, please use designated winter hiking trails.
- Find WiFi at the campground, park office and visitor center.
- In an emergency call 911.
- Non-emergency sheriff's number: 218-333-9111.



ONLY HAVE AN HOUR?

- Bring or rent snowshoes from the park office and hike anywhere in the park except groomed ski trails.
- Stretch your legs or walk the dog on the park's winter hiking trail and take a quick trek along the lake to see ice formations.
- Ski the Rocky Point Trail up to the overlook and get a grand view of Lake Bemidji from its highest point.



LOOKING FOR MORE TO DISCOVER?
VISIT MNDNR.GOV/LAKEBEMIDJI

ABOUT THE PARK

This impressive landscape, protected as a park in 1923, is the result of the last stage of glaciation in Minnesota. Many of the swamps and bogs formed when chunks of ice separated from the receding glacier and left depressions that later filled with water. This place has drawn many people. American Indian tribes have lived, fished and hunted around Lake Bemidji for generations. More recently, pioneer loggers harvested the area's white and red pines. Visit today and enjoy the park's unique combination of recreation and natural experiences.



Ski, snowshoe or stay at the park.

TRAIL HIGHLIGHTS

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| Pinewood Trail
Snowmobile trail • Terrain varies
A snowmobile trail cuts through the park, offering access to Lake Bemidji and more snowmobile trails in the surrounding area. | 3 miles one-way |
| Rocky Point/Homestead/Balsam Trails
Ski trail/Multi-use trail • Rolling hills
Start your ski adventure along Lake Bemidji, travel through forests, around the campground, and then back to where you started. | 1.75-mile loop |
| Paul Bunyan State Trail
Ski trail/Multi-use trail • Mostly flat
This trail features tracked cross-country ski trails and a skate ski lane. Perfect for beginners! | 1.5 miles one-way |
| Old Logging Trail
Ski trail • Steep terrain • Rolling hills
The "downhill" experiences on these challenging slopes are only for the most experienced skiers. | 2.75-mile loop |

MORE TO EXPLORE AT THE PARK

- Find events and naturalist programs year-round.
- Stay overnight in one of four heated camper cabins, conveniently close to both the cross-country ski trail system and the snowmobile trail. Make a reservation.
- Warm up in front of a wood stove or enjoy the interpretive exhibits at the heated trail/visitor center. You'll also find restrooms.
- Checkout skis or ice fishing rods at the park office for free.

SO EVERYONE CAN ENJOY THE PARK...

A full set of STATE PARK RULES AND REGULATIONS is available at mndnr.gov.



PARK OPEN
8 a.m.–10 p.m. daily.



VEHICLE PERMITS
Permits required; purchase at park office or entrance kiosk.



PETS WELCOME
Keep on 6-foot leash; pick up after; attend at all times; not allowed in buildings or at beaches.



CAMPGROUND QUIET HOURS
10 p.m.– 8 a.m.; only registered campers may be in campground during quiet hours.



FIREWOOD
Must be purchased at this park or from vendors who sell wood approved for this park; no gathering firewood in the park.



CURIOUS ABOUT CABINS OR CAMPING?
VISIT MNDNR.GOV/RESERVATIONS
OR CALL 866-857-2757

? MORE INFORMATION

Minnesota Department of Natural Resources
Information Center
500 Lafayette Rd. , St. Paul, MN 55155-4040
888-646-6367 or mndnr.gov/parks

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This information may be available in alternative format upon request.

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STATE PARKS AND TRAILS