

# LAKE BEMIDJI STATE PARK

## SUMMER MAP

### TRAILS

- Hiking
- ..... Hiking/Mtn. Biking
- Hiking Club
- Paul Bunyan State Trail (paved-multiuse, accessible)
- Regional Paved Trail
- ♿ Accessible Trail
- A Intersection Letters

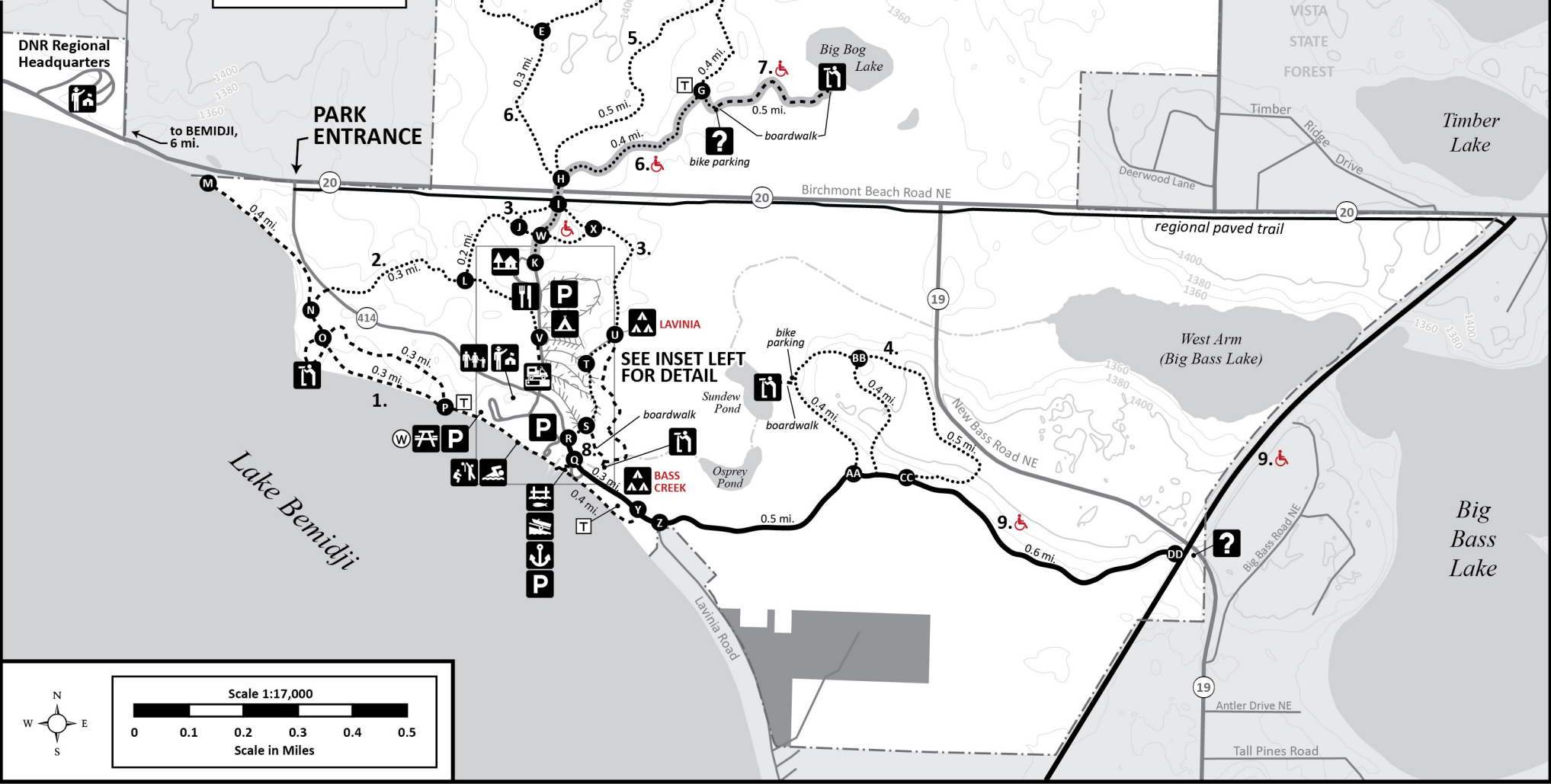
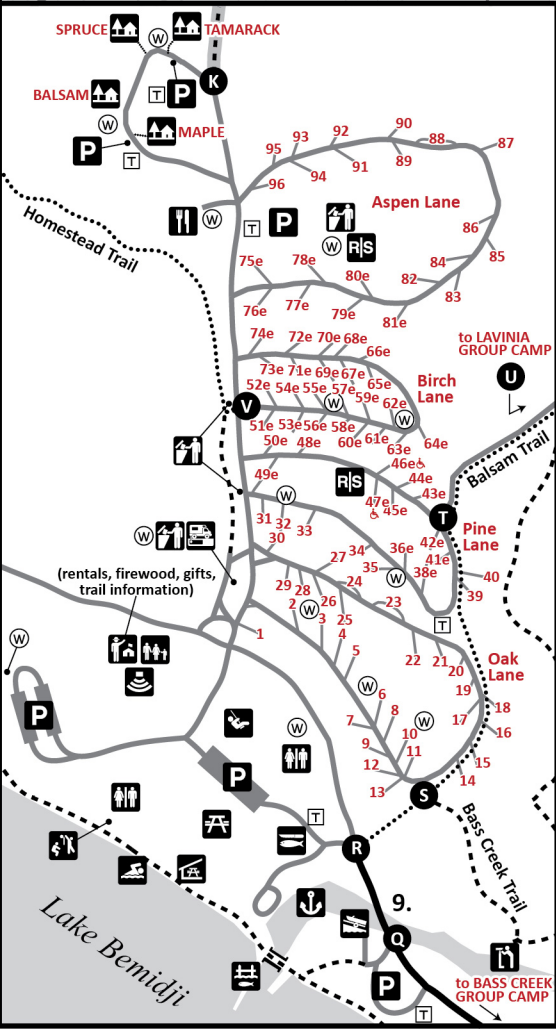
### FACILITIES

- 🏠 Park Office
- 👥 Visitor Center
- P Parking
- ? Information
- 👁️ Overlook
- 🍴 Dining Hall
- 🌳 Picnic Area

- 🏠 Picnic Shelter
- 🎪 Amphitheater
- 🏀 Playground
- 🏐 Volleyball Court
- 🏕️ Campground
- 🏠 Camper Cabin
- 🏕️ Group Camp
- 🚚 Trailer Access
- 🎣 Fishing Pier
- ⚓ Marina
- 🏊 Swimming
- 🐟 Fish Cleaning Shelter
- 🚻 RV Sanitation Station
- RS Restroom/Shower
- 🚻 Restroom
- T Primitive Toilet
- W Drinking Water
- ♻️ Dumpster/Recycling
- ⬜ Private Property

### TRAIL NAMES

1. Rocky Point Interpretive
2. Homestead
3. Balsam
4. Fish Hawk
5. Pinewood
6. Old Logging
7. Bog Walk
8. Bass Creek (not open in winter)
9. Paul Bunyan State



# MAP AND GUIDE: LAKE BEMIDJI STATE PARK

3401 STATE PARK ROAD NE  
BEMIDJI, MN 56601  
BELTRAMI COUNTY  
218-308-2300



## VISITOR TIPS

- Dead timber is being removed in some areas of the park to reduce the risk of fire for nearby neighbors.
- Stay safe and use tick prevention.
- Find Wifi at the campground, park office and visitor center.
- In an emergency call 911.
- Non-emergency sheriff's number: 218-333-9111.



## ONLY HAVE AN HOUR?

- Hike the Bog Walk Trail boardwalk. View unusual plants and animals in the conifer bog and gaze across Big Bog Lake.
- Bring your fishing rod to the pier and cast a line for perch, walleye, northern pike and muskellunge.
- Stroll to Sundew Pond, a little off the Paul Bunyan State Trail. Keep your eyes open for eagles, and look for their nest from the pier. In fall, enjoy golden tamaracks here.



LOOKING FOR MORE TO DISCOVER?  
VISIT [MNDNR.GOV/LAKEBEMIDJI](https://mndnr.gov/lakebemidji)

## ABOUT THE PARK

This impressive landscape, protected as a park in 1923, is the result of the last stage of glaciation in Minnesota. Many of the swamps and bogs formed when chunks of ice separated from the receding glacier and left depressions that later filled with water. This place has drawn many people. American Indian tribes have lived, fished and hunted around Lake Bemidji for generations. More recently, pioneer loggers harvested the area's white and red pines. Visit today and enjoy the park's unique combination of recreation and natural experiences.



Experience the Bog Walk Trail.

## TRAIL HIGHLIGHTS

<b>Bog Walk Trail (Hiking Club Trail)</b>	1.25 miles one-way
Flat • Gravel • Boardwalk	
Follow a winding boardwalk through a spruce/tamarack bog to view pitcher plants, sundews, orchids and other plants all without disturbing the fragile bog.	
<b>Rocky Point Trail</b>	1-mile loop
Steep terrain • Packed dirt	
Reach an overlook on the highest point on Lake Bemidji, then come back on a self-guided interpretive trail through a maple/basswood forest.	
<b>Paul Bunyan State Trail</b>	1.5 miles one-way
Mostly flat • Paved	
Hike, bike, rollerblade or push a stroller to the Paul Bunyan State Trail and start your adventure. For a short trip, go north to the Bass Lake overlook for a beautiful view.	
<b>Old Logging Trail</b>	2.75-mile loop
Steep terrain • Packed dirt • Mowed grass	
Need a challenge? Hike, jog or bike this trail into the far reaches of the park.	

## MORE TO EXPLORE AT THE PARK

- Discover naturalist programs year-round.
- Rent a boat, canoe or kayak from the park office.
- Launch from a boat ramp and marina with 16 slips (available first-come first-served).
- Take a swim at Lake Bemidji's sandy beach.
- Enjoy camping with a group at the Lavinia Group Camp which offers five campsites, a fire ring and a screened shelter building.

## SO EVERYONE CAN ENJOY THE PARK...

A full set of STATE PARK RULES AND REGULATIONS is available at [mndnr.gov](https://mndnr.gov).



**PARK OPEN**  
8 a.m.–10 p.m. daily.



**VEHICLE PERMITS**  
Permits required; purchase at park office or entrance kiosk.



**PETS WELCOME**  
Keep on 6-foot leash; pick up after; attend at all times; not allowed in buildings or at beaches.



**CAMPGROUND QUIET HOURS**  
10 p.m.– 8 a.m.; only registered campers may be in campground during quiet hours.



**FIREWOOD**  
Must be purchased at this park or from vendors who sell wood approved for this park; no gathering firewood in the park.



CURIOUS ABOUT CAMPING?  
VISIT [MNDNR.GOV/RESERVATIONS](https://mndnr.gov/reservations)  
OR CALL 866-857-2757

## ? MORE INFORMATION

Minnesota Department of Natural Resources  
Information Center  
500 Lafayette Rd., St. Paul, MN 55155-4040  
888-646-6367 or [mndnr.gov/parks](https://mndnr.gov/parks)

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This information may be available in alternative format upon request.

**mn MINNESOTA**  
STATE PARKS AND TRAILS