

LAKE BEMIDJI STATE PARK

SUMMER MAP

TRAILS

- Hiking
- Hiking/Mtn. Biking
- Hiking Club
- Paul Bunyan State Trail (paved-multiuse, accessible)
- Regional Paved Trail
- ♿ Accessible Trail
- A Intersection Letters

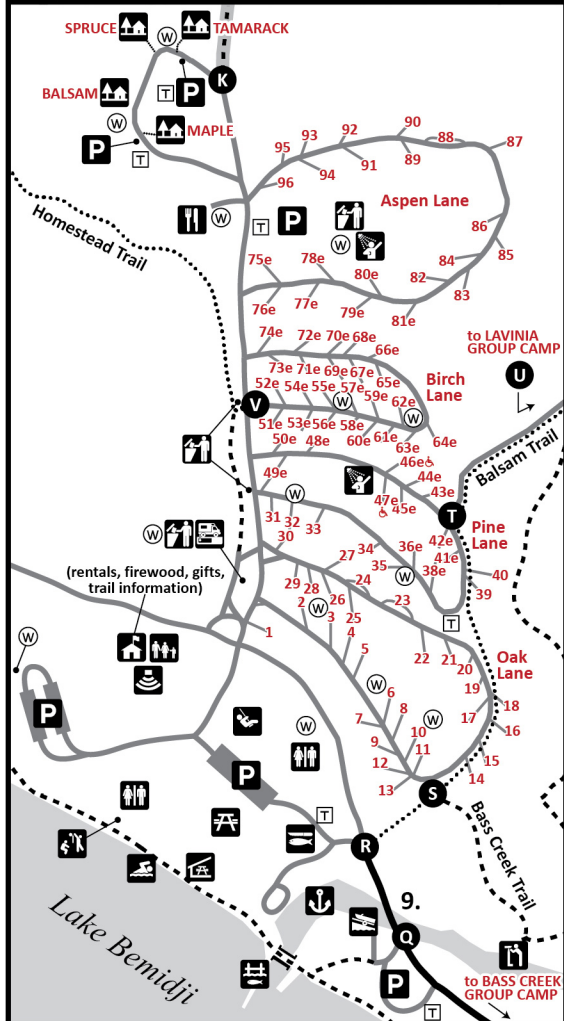
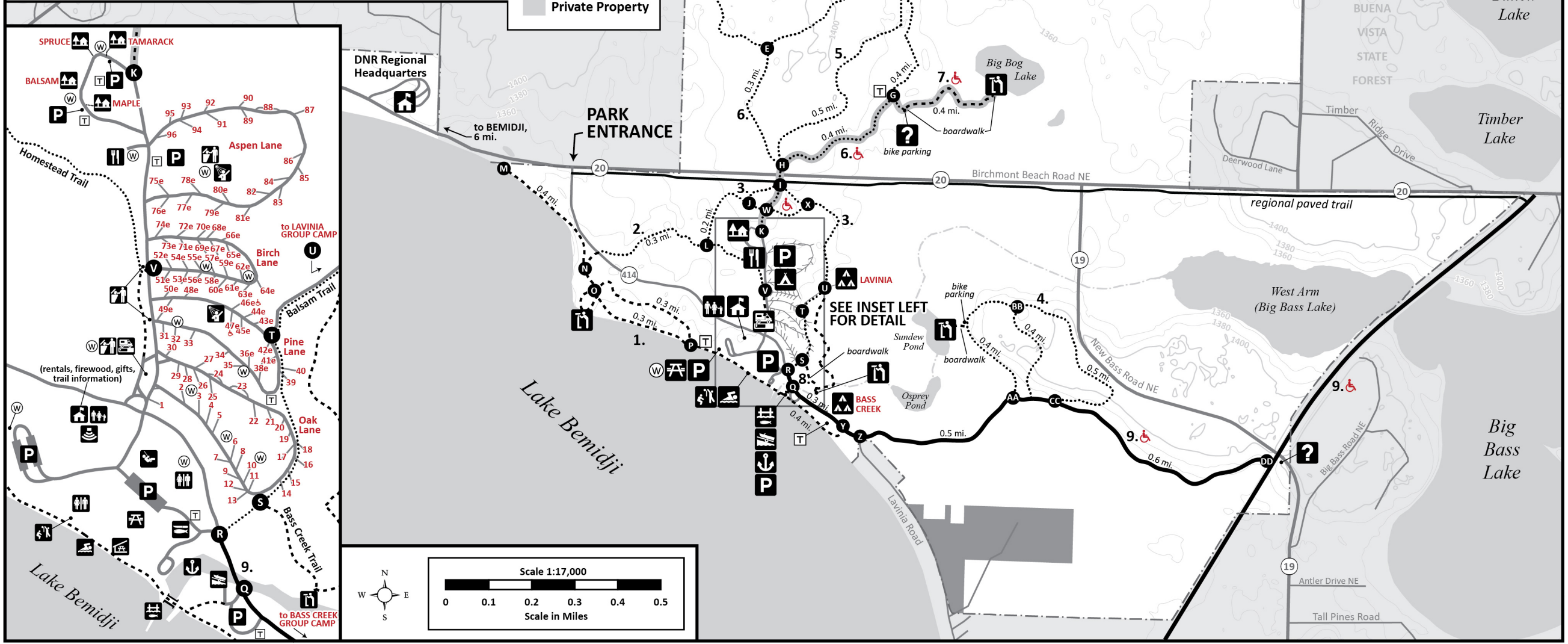
FACILITIES

- Ranger Station
- Visitor Center
- P Parking
- ? Information
- 👁️ Overlook
- 🍴 Dining Hall
- 🏕️ Picnic Area

- 🏠 Picnic Shelter
- 🎪 Amphitheater
- 🏐 Playground
- 🏐 Volleyball Court
- 🏕️ Campground
- 🏠 Camper Cabin
- 🏕️ Group Camp
- 🚚 Trailer Access
- 🎣 Fishing Pier
- ⚓ Marina
- 🏊 Swimming
- 🐟 Fish Cleaning Shelter
- 🚻 RV Sanitation Station
- 🚻 Restroom/Shower
- 🚻 Restroom
- 🚽 Toilet
- 💧 Drinking Water
- ♻️ Dumpster/Recycling

Private Property

- ### TRAIL NAMES
1. Rocky Point Interpretive
 2. Homestead
 3. Balsam
 4. Fish Hawk
 5. Pinewood
 6. Old Logging
 7. Bog Walk
 8. Bass Creek (not open in winter)
 9. Paul Bunyan State



MAP AND GUIDE: LAKE BEMIDJI STATE PARK

3401 STATE PARK ROAD NE
BEMIDJI, MN 56601
BELTRAMI COUNTY
218-308-2300



VISITOR TIPS

- Dead timber is being removed in some areas of the park to reduce the risk of fire for nearby neighbors.
- Stay safe and use tick prevention.
- Find Wifi at the campground, park office and visitor center.
- In an emergency call 911.
- Non-emergency sheriff's number: 218-333-9111.



ONLY HAVE AN HOUR?

- Hike the Bog Walk Trail boardwalk. View unusual plants and animals in the conifer bog and gaze across Big Bog Lake.
- Bring your fishing rod to the pier and cast a line for perch, walleye, northern pike and muskellunge.
- Stroll to Sundew Pond, a little off the Paul Bunyan State Trail. Keep your eyes open for eagles, and look for their nest from the pier. In fall, enjoy golden tamaracks here.



LOOKING FOR MORE TO DISCOVER?
VISIT [MNDNR.GOV/LAKEBEMIDJI](https://mndnr.gov/lakebemidji)

ABOUT THE PARK

This impressive landscape, protected as a park in 1923, is the result of the last stage of glaciation in Minnesota. Many of the swamps and bogs formed when chunks of ice separated from the receding glacier and left depressions that later filled with water. This place has drawn many people. American Indian tribes have lived, fished and hunted around Lake Bemidji for generations. More recently, pioneer loggers harvested the area's white and red pines. Visit today and enjoy the park's unique combination of recreation and natural experiences.



Experience the Bog Walk Trail.

TRAIL HIGHLIGHTS

Bog Walk Trail (Hiking Club Trail)	1.25 miles one-way
Flat • Gravel • Boardwalk	
Follow a winding boardwalk through a spruce/tamarack bog to view pitcher plants, sundews, orchids and other plants all without disturbing the fragile bog.	
Rocky Point Trail	1-mile loop
Steep terrain • Packed dirt	
Reach an overlook on the highest point on Lake Bemidji, then come back on a self-guided interpretive trail through a maple/basswood forest.	
Paul Bunyan State Trail	1.5 miles one-way
Mostly flat • Paved	
Hike, bike, rollerblade or push a stroller to the Paul Bunyan State Trail and start your adventure. For a short trip, go north to the Bass Lake overlook for a beautiful view.	
Old Logging Trail	2.75-mile loop
Steep terrain • Packed dirt • Mowed grass	
Need a challenge? Hike, jog or bike this trail into the far reaches of the park.	

MORE TO EXPLORE AT THE PARK

- Discover naturalist programs year-round.
- Rent a boat, canoe or kayak from the ranger station.
- Launch from a boat ramp and marina with 16 slips (available first-come first-served).
- Take a swim at Lake Bemidji's sandy beach.
- Enjoy camping with a group at the Lavinia Group Camp which offers five campsites, a fire ring and a screened shelter building.

SO EVERYONE CAN ENJOY THE PARK...

A full set of STATE PARK RULES AND REGULATIONS is available at mndnr.gov.



PARK OPEN
8 a.m.–10 p.m. daily.



VEHICLE PERMITS
Permits required; purchase at ranger station or entrance kiosk.



PETS WELCOME
Keep on 6-foot leash; pick up after; attend at all times; not allowed in buildings or at beaches.



CAMPGROUND QUIET HOURS
10 p.m.– 8 a.m.; only registered campers may be in campground during quiet hours.



FIREWOOD
Must be purchased at this park or from vendors who sell wood approved for this park; no gathering firewood in the park.



CURIOUS ABOUT CAMPING?
VISIT [MNDNR.GOV/RESERVATIONS](https://mndnr.gov/reservations)
OR CALL 866-857-2757

? MORE INFORMATION

Minnesota Department of Natural Resources
Information Center
500 Lafayette Rd., St. Paul, MN 55155-4040
888-646-6367 or mndnr.gov/parks

The Minnesota Department of Natural Resources
is an Equal Opportunity Employer.

This information may be available in alternative format upon request.