



TRAILS

······ Hiking

Hiking Club

- CJ Ramstad/North Shore State Trail (unpaved) \_ \_ \_ (open to hiking, horseback riding, snowmobiling and mountain biking)
- ----- Superior Hiking Trail (SHT)

#### FACILITIES



### LAKE **SUPERIOR** VICINITY MAP Ninemile Lake Camground **FINLAND** STATE SCHROEDEF GEORGE H. 61 **CROSBY MANITOU** STATE PARK Caribou Fall State Wayside Finland Forest Campground and Day-Use Area 6 Eckbeck Forest Campground and Day-Use Area LAKE SUPERIOR

# **MAP AND GUIDE: GEORGE H. CROSBY** MANITOU STATE PARK

C/O TETTEGOUCHE STATE PARK 5702 HIGHWAY 61 SILVER BAY, MN 55614 LAKE COUNTY 218-353-8800 CROSBY-MANITOU.STATEPARK@STATE.MN.US



### **VISITOR TIPS**

- The park landscape is rugged and hilly, plan accordingly.
- Be aware that cell phone service is spotty in the park.
- This park is not continuously staffed.
- Campsites are for campers only.
- All garbage is pack-in/pack-out. Please take your garbage home and practice "Leave No Trace."
- In an emergency call 911, find cell phone reception in the town of Finland.



# ONLY HAVE AN HOUR?

- Take a stroll around the Benson Lake Boardwalk and finish up with a picnic at the picnic area.
- It's easy to get your canoe or kayak into non-motorized Benson Lake. Paddle for the beauty or try to catch a trout (license and stamp required).
- Enjoy the Cascades of the Manitou River after a gorgeous hike through a rugged landscape.



LOOKING FOR MORE TO EXPLORE DURING YOUR STAY? VISIT MNDNR.GOV/CROSBYMANITOU

# **ABOUT THE PARK**

George H. Crosby Manitou State Park is a unique wilderness state park. The rugged landscape and remote hike-in campsites allow backpackers to get away from the crowds and into the wilds of northern Minnesota. Trails are carved through a forest of fir, cedar, spruce and northern hardwoods that are home to moose, deer, bear and wolves. The park's non-motorized Benson Lake offers paddlers a Boundary Waters-like environment. Anglers can cast a line for trout (brown, rainbow and brook) and splake (a hybrid of brook and lake trout). The landscape became a state park when it was donated by George H. Crosby, a mining magnate, in 1955.



Hike to the Cascades of the Manitou River for a stunning view.

# TRAIL HIGHLIGHTS \_\_\_\_\_

#### **Benson Lake Trail**

Mostly flat • Bare dirt • Boardwalk

Take a hike around Benson Lake for great scenery along one of the easier park trails. You could also spend an afternoon fishing or launch a non-motorized boat on the lake. Relax at the picnic area afterwards.

#### Cascades Waterfall

Steep terrain • Bare dirt • Rock • Stairs

Experience rocky footing down the Middle Trail. You'll be rewarded with breathtaking views of the cascades and Manitou River. Return the way you came.

#### Humpback Trail (Hiking Club Trail)

Steep terrain • Bare dirt • Rock

Hike to a wide view of the valley and then down a steep, curvy path to the Manitou River Trail. From there, you will have access to the Cascades. Return the way you came.

#### Misquah Trail (Overlook)

Steep terrain • Bare dirt • Rock

From the parking lot, hike the Yellow Birch Trail to the Misquah Trail. Take that north about 0.2 miles, then go east to the spur trail for a spectacular view of Lake Superior and the Sawtooth Mountains.

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- Hike to overlooks on the Middle Trail or Matt Willis Trail.
- Find stunning fall colors on the Yellow Birch Trail.
- In winter, bring your snowshoes on the ungroomed Benson Lake Trail or Middle Trail.
- Winter parking is located at the registration kiosk.
- Discover the Superior Hiking Trail with access to Caribou Wayside and Caribou Falls.
- Fish for trout on the Manitou River or Benson Lake (license and stamp required).

### HELP PRESERVE THE PARK —

- Help keep the park clean by bringing a bag to pack out your trash.
- Please respect the abundant wildlife found at the park.
- Camp only in designated sites and make sure you have a reservation.
- Campers should be prepared for backcountry camping. We recommend using a bear can or hanging food.
- Take only photos and leave only footprints.
- Following state park rules allows everyone to enjoy their experience at George H. Crosby Manitou.

1 mile one-way

1-mile loop

1.6 miles one-way

1 mile one-way

## SO EVERYONE CAN ENJOY THE PARK...

A FULL SET OF STATE PARK RULES AND REGULATIONS IS AVAILABLE AT MNDNR.GOV.



PARK OPEN 8 a.m.-10 p.m. daily.



#### **VEHICLE PERMITS**

Permits required; purchase at entrance kiosk.



#### PETS WELCOME

Keep on leash; pick up after; attend at all times; not allowed in buildings or beaches.



#### **CAMPGROUND QUIET HOURS**

10 p.m.– 8 a.m.; only registered campers may be in campground during quiet hours.



#### **FIREWOOD**

Must be purchased at this park or from vendors who sell wood approved for this park; firewood collection allowed in backpack camping areas only.

### BE OUR GUEST —

Get a true wilderness experience with a stay in one of the park's 21 remote backpacking campsites. Visit mndnr.gov/reservations or call 866-857-2757 to reserve your site.





WANT TO KNOW MORE ABOUT FISHING **REGULATIONS? VISIT MNDNR.GOV/FISHMN** 

# MORE INFORMATION

Minnesota Department of Natural Resources Information Center 500 Lafayette Rd., St. Paul, MN 55155-4040 888-646-6367 or mndnr.gov/parks

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This information may be available in alternative format upon request.

