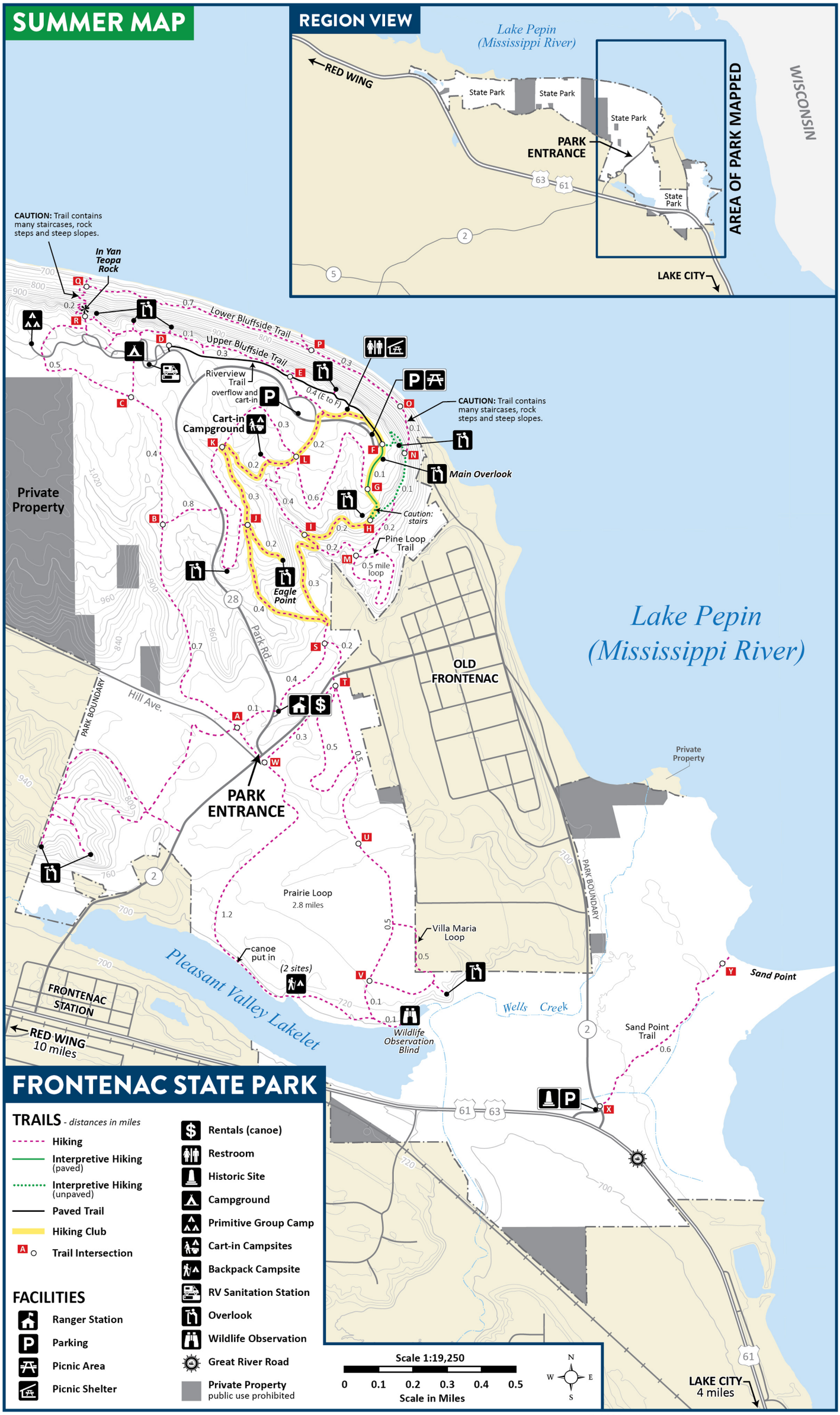

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MAP AND GUIDE: FRONTENAC STATE PARK

29223 COUNTY 28 BOULEVARD
FRONTENAC, MN 55026
GOODHUE COUNTY
651-299-3000

VISITOR TIPS

- Trails range from easy to difficult. Use extra caution on the Bluffside Trail.
- The easiest hiking is the paved Riverview Trail between the picnic area and the campground.
- Biking is allowed on paved and gravel roads and the Riverview Trail.
- In an emergency call 911.
- Non-emergency sheriff's number: 651-385-3155.

ONLY HAVE AN HOUR?

- Explore the Interpretive Self-guided Trail. Park in the picnic area lot.
- Hike to the iconic In Yan Teopa rock along the top of the bluff. Park at the picnic area and walk the Upper Bluffside Trail to In Yan Teopa.
- Walk the beach along Lake Pepin on the Sand Point Trail. Park near hiking trail intersection X along Highway 61 and County Road 2.

LOOKING FOR MORE TO EXPLORE?
VISIT MNDNR.GOV/FRONTENAC

ABOUT THE PARK

Immerse yourself in rich natural communities and diverse landscapes during a trip to Frontenac State Park. Experience over 2,600 acres of bluffs, prairie, floodplain forests and hardwood forest. The area's resources have drawn civilizations since 400 B.C. when the Hopewell culture was here. Later, the area was used for fur trading, stone quarrying and farming. Visit the park in spring or fall and you'll be in one of the best spots in the country to view bird migrations. Hikers and skiers can also enjoy spectacular views of the river valley and Lake Pepin.

Discover impressive views.

TRAIL HIGHLIGHTS

Hiking Club Trail — 2.6-mile loop

• Moderate hills • Portions paved • Packed dirt • Gravel • Stairs • Rocky

Take the flat, paved trail at the picnic area to sloping, unpaved sections further on. Hike through hardwood forest, savanna and bluff-top prairie with excellent views of Lake Pepin at Eagle Point Overlook.

Self-guided Interpretive Trail — 0.7-mile loop

• Hilly • Portions paved • Packed dirt • Gravel • Stairs

From a scenic overlook of Lake Pepin, travel partway down the bluff through the remnants of a rock quarry from the late 1800s. Find views of the blufflands and Lake Pepin throughout.

Bluffside Trail — 2.7-mile loop

• Very hilly • Packed dirt • Rock • Stairs • Steep

Descend 425 feet of staircases and switchbacks to the rocky shore of Lake Pepin. Loop back 425 feet up the bluff to view the In Yan Teopa rock and hike the upper bluff section of trail back to your starting point.

Sand Point Trail — 1.6-mile loop

• Mostly flat • Packed dirt • Boardwalk

Hike through a mature floodplain forest to the beach at Lake Pepin. This is a popular trail for birders.

MORE TO EXPLORE AT THE PARK

- Rent a canoe from the park office and paddle the Pleasant Valley Lakelet.
- Check out a birding kit, Kids Discovery Kit, fishing gear or GPS unit from the park office.
- Enjoy the accessible Riverview Trail as it wanders 0.7 miles along the upper bluff.
- Search for spring warblers on the Sand Point Trail; eagles along the Riverview Trail; and water birds at the wildlife observation blind on the Pleasant Valley Lakelet.
- Stay awhile at a park campsite, cart-in site or group site. Visit mndnr.gov/reservations

SO EVERYONE CAN ENJOY THE PARK...

A full set of STATE PARK RULES AND REGULATIONS is available at mndnr.gov.

PARK OPEN
8 a.m.–10 p.m. daily.

VEHICLE PERMITS
Permits required; purchase at park office or entrance kiosk.

PETS WELCOME
Keep on 6-foot leash; pick up after; attend at all times; not allowed in buildings or at beaches.

CAMPGROUND QUIET HOURS
10 p.m.– 8 a.m.; only registered campers may be in campground during quiet hours.

FIREWOOD
Must be purchased at this park or from vendors who sell wood approved for this park; no gathering firewood in the park.

CURIOUS ABOUT THE MISSISSIPPI RIVER STATE WATER TRAIL? GO TO MNDNR.GOV/WATERTRAILS

MORE INFORMATION

Minnesota Department of Natural Resources
Information Center
500 Lafayette Rd. , St. Paul, MN 55155-4040
888-646-6367 or mndnr.gov/parks

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This information may be available in alternative format upon request.

DEPARTMENT OF NATURAL RESOURCES