

CASCADE RIVER STATE PARK

FACILITIES AND FEATURES

- 40 semi-modern campsites with showers, flush toilets, and trailer sanitation station.
- A year-round trail center building with picnic tables, a wood stove, electrical outlets and a pop machine.
- Group camp with two campsites
- Five backpack campsites
- Access to Superior Hiking Trail
- 18 miles of hiking trails
- 17 miles of cross country ski trails
- Two miles of snowmobile trail with access to area trails and the North Shore State Trail
- Seven picnic sites along Lake Superior
- Lake and trout stream fishing

VISITOR FAVORITES

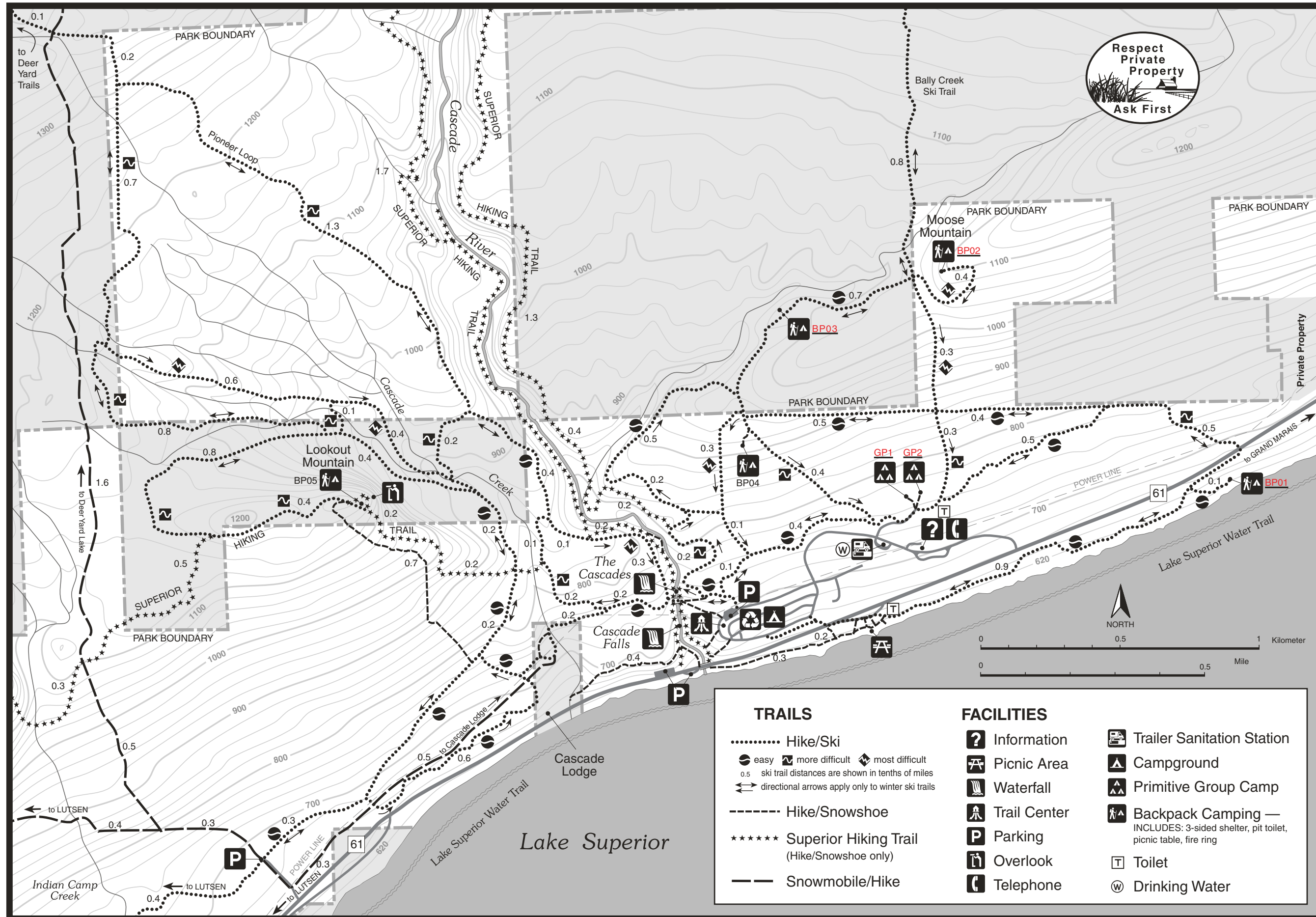
- Waterfalls of the Cascade River (0.5 mile/0.8 kilometer loop hike)
- Hiking to Lookout Mountain, 600 feet above Lake Superior (3.5 miles/5.6 kilometers, round trip)
- One and a half miles of rugged Lake Superior shore
- Hiking along the Cascade River

LOOKING FOR MORE INFORMATION ?

The DNR has mapped the state showing federal, state and county lands with their recreational facilities.

Public Recreation Information Maps (PRIM) are available for purchase from the DNR gift shop, DNR regional offices, Minnesota state parks and major sporting and map stores.

Check it out - you'll be glad you did.





CASCADE RIVER STATE PARK

FOR MORE INFORMATION

Cascade River State Park
3481 W. Highway 61
Lutsen, MN 55612-9535
(218) 387-3053

Department of Natural Resources
Information Center
500 Lafayette Road
St. Paul, MN 55155-4040

(651) 296-6157 (Metro Area)
1-888-646-6367 (MN Toll Free)

TDD (Telecommunications
Device for Deaf)
(651) 296-5484 (Metro Area)
1-800-657-3929 (MN Toll Free)

DNR Web Site: www.dnr.state.mn.us
State Parks page: www.mnstateparks.info

CASCADE RIVER STATE PARK is located in Cook County, nine miles southwest of Grand Marais. Follow Highway 61 northeast out of Tofte, 21 miles. The park entrance is at mile marker 101. Highway map index: Q-7.

Cascade River State Park, 2,865 acres along Lake Superior, contains a diversity of settings; the beautiful Cascade River, Indian

Camp, Spruce, and Cutface Creeks; and the rugged Lake Superior shoreline. Park trails lead the park visitor from Lake Superior up to the height of the Sawtooth Mountains and their panoramic view of the North Shore.

WILDLIFE:

Cascade River State Park has many features which are attractive to wildlife. Here in this large forested area deer seek protection from cold temperatures and wind. Wolves, bear, pine marten, fox and many other animals make the park their year-round home.

The area along the North Shore has excellent populations of a variety of song birds and hawks. The best time to find them is from mid-May to mid-July when they are nesting.

GEOLOGY:

The geology of the North Shore and the Cascade River is complex. It started billions of years ago when the ancient bedrock was covered with molten lava from volcanos. Later, shallow seas covered the area and deposited sediment over the lava beds.

The sedimentary rock formed from the seas was bent by great mountain building forces. Other complex geological processes took place before the glaciers scoured the area several times leaving the present Lake Superior basin.

HISTORY:

Years ago, the Civilian Conservation Corps had a camp at the Cascade River. The men in this camp worked on a variety of conservation projects. Today, you can see some of their handiwork on the trails that wind along the river.

DID YOU KNOW?

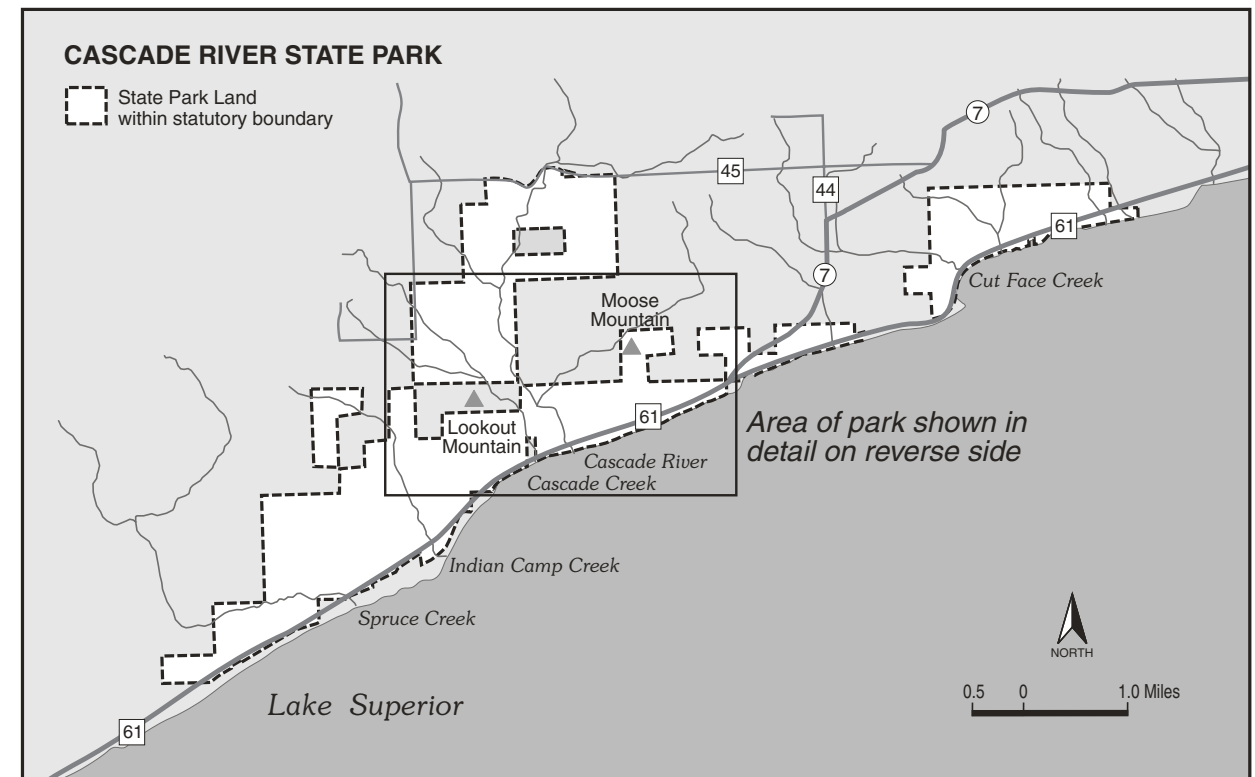
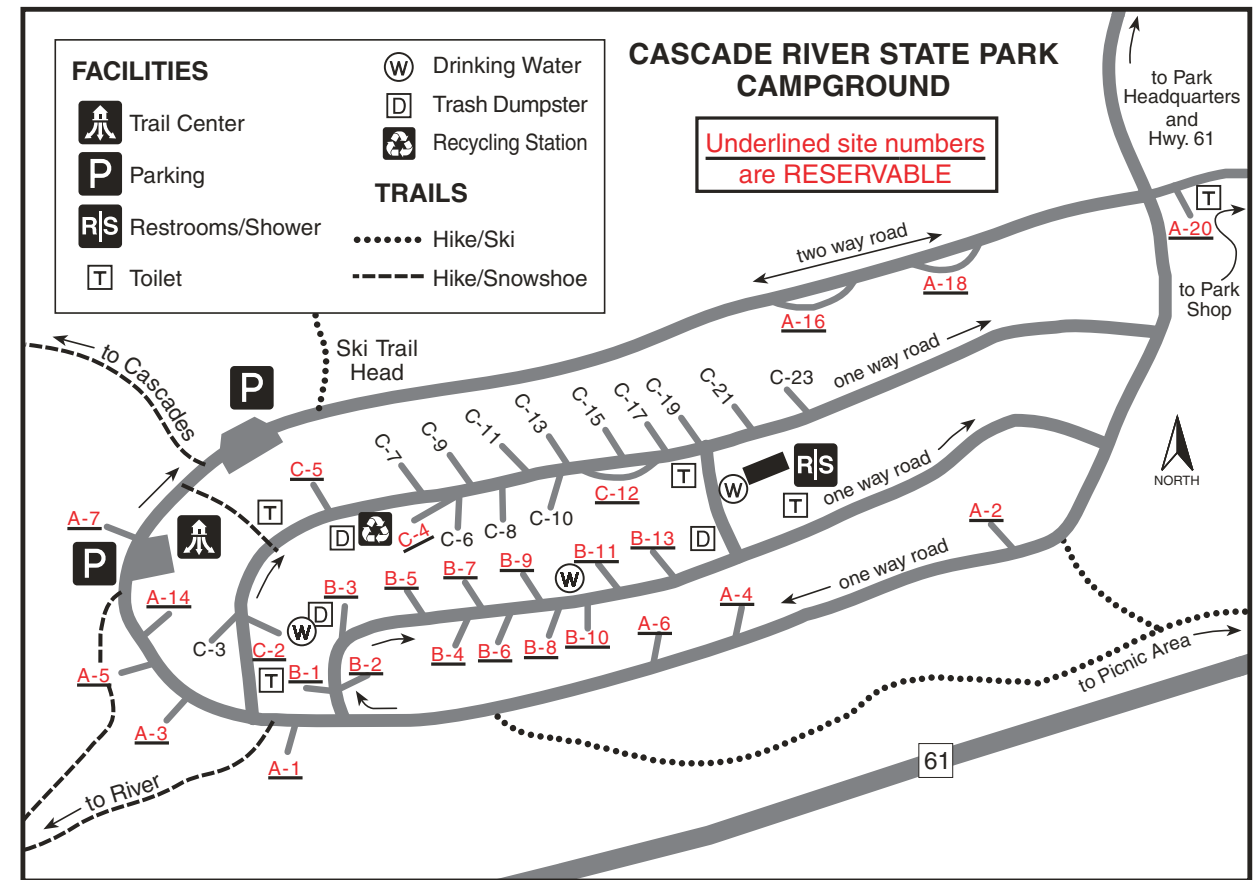
- Birch trees die when their bark is stripped.
- Forest animals when fed become dependent on humans.

- Limiting foot traffic to existing paths saves trees, plants and shrubs which provide shade and privacy.
- "Dead wood" on the forest floor is important to maintaining our thin soil.
- A cut hot dog or marshmallow stick times 10,000 park visitors has a huge impact on your park.

SO EVERYONE CAN ENJOY THE PARK...

- The park belongs to all Minnesotans. Please treat it with respect and help us to protect it by following the rules.
- The park is open year-round. On a daily basis, the park is closed from 10:00 P.M. to 8:00 A.M. the following morning except to registered campers. Loud noises and other disturbances are not allowed after 10:00 P.M. in the campground.
- Camp only in designated locations.
- The use of firearms, explosives, air guns, slingshots, traps, seines, nets, bows and arrows, and all other weapons are prohibited in state parks.
- Pets must be restrained on a leash no longer than six feet. Pets are not allowed in park buildings.
- Park in designated areas only.
- Do not pick or dig up plants, disturb or feed animals, or scavenge dead wood.
- Build fires only in designated locations –fire rings or fireplaces. Wood is available for purchase. Gathering firewood is prohibited.
- Daily or annual permits are required for all vehicles entering a state park. They may be purchased at the park headquarters or the Information Center in St. Paul (see "FOR MORE INFORMATION" to left).

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This information is available in alternative format upon request.

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