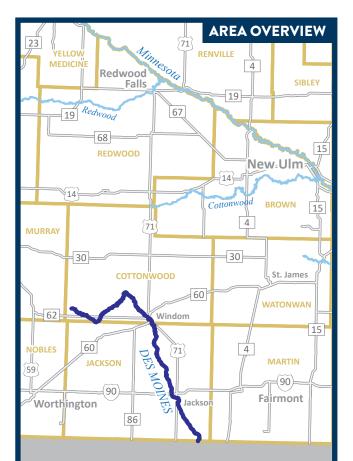


DES MOINES RIVER STATE WATER TRAIL



MINNESOTA STATE PARKS AND TRAILS



ABOUT THE WATER TRAIL

The Des Moines River rises from Lake Shetek in southwestern Minnesota and flows 525 miles to join the Mississippi River near Keokuk, Iowa. The river ranges from 50 to 200 feet wide as it passes a mix of agricultural land and wooded bluffs. From Talcot Lake Dam to Windom, you'll experience flat farmland with few trees. From Windom to Kilen Woods State Park, you'll enter a valley bounded by low hills and more vegetation. From the park to Jackson, you'll pass increasingly taller hills and bluffs. Thick woodlands screen cultivated land and farm buildings from view.

This is a great river for beginner paddlers when river levels are normal; however, heavy rains can cause the river to flood and flow quickly. Stream flow usually peaks in early to mid-April. The river level is usually enough for canoeing.

Hazards include dams; be aware of portage locations. Watch for snags (fallen trees) in the river that may tip an unwary paddler. The river also has several Class I rapids.

-TRIP PLANNING AND SAFETY-

- Plan your trip with a map before you leave. Tell someone your plans,
- including put-in and take-out times. • Travel with a companion or group.
- Most people paddle 2-3 river miles per hour.
- River levels can affect your speed and trip safety. Check conditions at mndnr.gov/river levels.
- Don't underestimate the power of wind and waves, especially on large lakes.
- Be cautious of obstacles in the river and avoid overhanging and dead trees.
- Bring clean drinking water and a waterproof container with a first aid kit, waterproof matches and extra clothes.
- Wear a life jacket at all times while on the water.
- Purchase a license for your non-motorized watercraft if it's more than 10 feet in length. If you're not from Minnesota, check your state's watercraft license laws.

WATERCRAFT CAMPING -

- Camp only in designated campsites, which are often available on a first-come, first-served basis.
- Riverbed camping next to private property is not permitted.
- Stay off private property. Stop only at designated sites; much of the shoreland is private property.
- Be sanitary! Use designated toilet facilities or bury human waste away from the river.
- Follow the rules for firewood. State forests allow you to gather dead wood for a fire, but state parks do not.

RECOMMENDED DAY TRIP

Mayflower Park to Christianna Bridge

- Put-in location: Mayflower Park (carry-in) River mile **36.1**
- Take-out location: Christianna Bridge (trailer) River mile 29.1
- Length: **7** river miles

Enter the river just below the city of Windom. You'll pass a mix of open farm fields and wooded shoreline. A watercraft campsite offers a chance to stretch your legs during your trip.

- EXPLORE ON SHORE -

Kilen Woods State Park

Hike trails along the tranquil Des Moines River. You'll find pleasant surprises as you explore small creeks, prairie grasslands and oak savannas. mndnr.gov/kilen

Talcot Lake Wildlife Management Area

This large WMA has over 5,200 acres to explore. Watch for deer, small game, pheasants and waterfowl.

mndnr.gov/wma

- PROTECT THE RIVER-

Your experience on the river depends on a healthy environment. As you explore the beauty of this waterway, also do your best to protect it.

Protect Your Waters

Before launching...before leaving

- Drain all water away from the landing.
- Dispose of unwanted bait in the trash. mndnr.gov/invasives/aquatic

Buffer Protection

The Minnesota buffer law establishes new vegetation buffers along rivers, streams and ditches to help filter out chemicals and sediment before they reach waterways. mndnr.gov/buffers





Spring rains raise river levels.

CONTACTS

DNR AREA OFFICE 175 County Road 26 Windom, MN 56101-1868 507-832-6010

DNR INFORMATION CENTER 500 Lafayette Road St. Paul, MN 55155-4040 888-646-6367 info.dnr@state.mn.us

MEDICAL

WINDOM EMERGENCY SERVICES 2150 Hospital Dr. Windom, MN 56101 507-831-2400



SANFORD HEALTH - JACKSON 1430 North Hwy. Jackson. MN 56143 507-847-2420

IN AN EMERGENCY CALL 911

• Clean off aquatic plants and animals.

More Information

mndnr.gov/watertrails

- River level reporting
- River conditions reporting
- Interactive water trail map
- Recommended routes
- River rapids definitions
- Virtual tours

Search for outfitters at exploreminnesota.com

This document is available in alternative formats to individuals with disabilities by contacting info.dnr@state.mn.us, 651-296-6157, or MN Relay 711.