



Minnesota State Parks and Trails

## 2-Night Workshop Schedule

Specific workshop schedules will vary depending upon each state park or recreation area's specific programs & activities.

### Day One

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- 2:00 p.m. Arrival and check-in
- 2:30 Introductions and orientation  
Welcome from the Park Ranger
- 3:00 Basic campsite setup and kids activities  
*Adults: Basic campsite setup instruction*  
*Kids: Nature activity*
- 3:30 Families complete basic campsite setup
- 4:30 p.m. *Adults: Camping Q&A*  
*Kids: Activity (lead by "I Can Camp!" instructor)*
- 5:30 Outdoor cooking and safety –  
Emphasis on camp stoves  
*Ex.: meal preparation and how to cook like you're at home*
- 6:00 Family Campsite Dinner and Free Time
- 7:30 Campfire Building
- 8:00 Evening Program  
*Ex.: Campfire program, sing-a-longs, presentations, etc.*
- 8:30 p.m. Family time around the campfire and s'mores!

### Day Two

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- 9:00 a.m. Morning while camping is time for relaxing, eat breakfast at your leisure using the camp cooking skills learned the night before. Crews will be available all morning to help you if needed.
- 10:00 Optional Family Nature Hike/Park Tour or Free Time
- 11:00 *Adults: Secrets of the Pros – Gear and Skills Overview*  
*Kids: Activity (lead by "I Can Camp!" instructor)*
- 12:00 p.m. Lunch
- 1:00 Camp Skills
- 2:00 Family Free Time or Optional Family Activities at 2:30 and 3:30
- 5:00 Outdoor cooking and safety –  
Emphasis on cooking with fire  
*Ex.: meal preparation and how to cook over the open fire*
- 6:00 Family Campsite Dinner and Free Time
- 8:00 Evening Program  
*Ex.: Campfire program, sing-a-longs, presentations, etc.*
- 8:30 p.m. Family time around the campfire and s'mores!

### Day Three

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- 7:30 a.m. Rise and shine
- 8:00 Coffee and breakfast cooking
- 9:00 a.m. Instructions for camp breakdown and cleanup  
Conclude workshop and receive follow-up materials
- Note: Families can enjoy the park and campsite until 1:00 p.m.*
- 10:00 a.m. Camping materials returned and campsite cleaned