



Minnesota State Parks and Trails

Required and Recommended Items

Some items are supplied. The rest are either required or recommended for your family to bring.

SUPPLIED ITEMS:

- Tent for six people
- Camp lantern
- Dinnerware/cookware (pots, plates, utensils, can opener, roasting sticks)
- Stove-top coffee maker (coffee not provided)
- Air mattress
- Stoves, fuel, matches
- Washtub and scrubber for dishes
- Equipment for all activities

REQUIRED ITEMS:

- Comfortable shoes/boots
- Long pants
- Long-sleeved shirt/sweat shirt
- Short-sleeved shirt/t-shirt
- Wind breaker/light jacket
- Toothbrush and toothpaste
- Water bottle
- Food items for your family (see separate sheet)
- Sleeping bag/blankets/sheets/bedding
- Twin size sheet (to cover mattress)
- Three pairs of socks (per person)

RECOMMENDED ITEMS:

Personal hygiene and safety:

- Lip balm or Chap Stick
- Shampoo
- Flashlight and/or a headlamp
- Soap
- Wash cloth/dish towel
- Dish Soap
- Family first aid kit (medications, band-aids, tape and gauze, antiseptic, etc.)
- Sunscreen (SPF 30 or greater)

- Towel
- Deodorant
- Insect repellent

(RECOMMENDED ITEMS cont.):

Gear and Clothing

- Underwear
- Hat
- Pajamas
- Swimsuit
- Sunglasses
- Shorts
- Rain jacket
- Daypack
- Water shoes (swimming, showers)
- Pillow

Essential Extras:

- Dish soap
- Trash bags
- Re-sealable plastic bags
- Aluminum foil
- Dish towels
- Cooler and ice (sufficient for menu items)

(optional)

- Notebook and pencil, book
- Nature guide
- Folding camp chair
- Binoculars
- Camera
- Board games, playing cards, Frisbee

NOTE: This is an opportunity to listen to the out-of-doors. Please think twice about bringing electronic games, laptop computers or kid's cell phones. Consider what outdoor sights and sounds you might want to remember when your camping adventure is over.



A Partnership Program