



TRAIL IN A DAY EVENTS

PAUL BUNYAN STATE TRAIL * SEPTEMBER 9-10, 2016

LET'S GET OUTSIDE.

Every park, every path, every picnic, every packing adventure that leaves a mark on the moment. Winter, spring, summer, fall, Minnesota state parks and trails have been a retreat for 125 years. Here's to 125 more.

Visit mndnr.gov/125 or for a full suite of programming at state parks and trails!

BIKE, SKATE, WALK OR JUST HANG OUT ON THE PAUL BUNYAN STATE TRAIL

Help us celebrate the 125th Anniversary of Minnesota State Parks and Trails by grabbing your bike, inline skates or walking shoes and heading out to the Paul Bunyan State Trail. Gather your friends and family to join one of the organized rides, rolls, or other events, or find your favorite spot on the trail between Lake Bemidji and Crow Wing State Parks and go it alone.

Visit mndnr.gov/125 to find a section of the trail to ride, roll or walk.

Events listed from north to south.

LOON JOURNAL, BEMIDJI

FRIDAY, SEPTEMBER 9, 2016

7:30 to 8:30 p.m.

Lake Bemidji State Park

A naturalist will share excerpts from this entertaining journal, written by a local loon who records his yearly travels to the Gulf and the return trip the following spring.

Contact John Fylpaa at 218-308-2300 or by email at John.Fylpaa@state.mn.us.

BIKE RIDE TO THE MISSISSIPPI RIVER, BEMIDJI

SATURDAY, SEPTEMBER 10, 2016

10 a.m. to 12 p.m.

Lake Bemidji State Park - Meet at office. Bring your bike and join the naturalist for an easy bike ride on the paved Paul Bunyan State Trail to the outlet of the Mississippi River. Round trip 10 miles.

Contact John Fylpaa at 218-308-2300 or by email at John.Fylpaa@state.mn.us.

ETHNIC FEST, WALKER

SATURDAY, SEPTEMBER 10, 2016

11 a.m. Parade

Parade will be followed by outdoor festivities including music, foods and crafts from around the world!

Contact: Leech Lake Chamber of Commerce, leech-lake.com, call 218-547-1313 or email info@leech-lake.com or Cindy Wannarka at cindy@leech-lake.com

See next page for more events along the Paul Bunyan State Trail!

125 MILES BY BIKE, BOOT OR BOAT

Complete a total of 125 miles on state trails or in state parks during 2016 and receive a commemorative 125 Miles by Bike, Boot or Boat "finisher" sticker. Plus, show off your photo in the online Finishers Gallery. Paul Bunyan State Trail events can help you add a little distance. Once you have completed the challenge, pick up your sticker at a state park near you.



PAUL BUNYAN STATE TRAIL EVENTS * SEPTEMBER 9-10

MEET IN THE MIDDLE, HACKENSACK

SATURDAY, SEPTEMBER 10, 2016

1 to 3 p.m.

City Park

Hackensack is situated halfway between Lake Bemidji State Park to the north and Crow Wing State Park to the south. Stop and enjoy family fun activities in City Park along with food and drink specials from local merchants. For a prelude to the 12th Annual Chainsaw event September 23-25, we will host a Chainsaw Quick Carve by local artists. Listen to a short presentation by the Minnesota Department of Natural Resources approximately 2 p.m. and enjoy cake to commemorate the day.

Contact: Hackensack Chamber of Commerce, 218-675-6135. www.hackensackchamber.com

1830s HISTORIC ENCAMPMENT AND HERITAGE DAYS, PINE RIVER

FRIDAY, SEPTEMBER 9 AND

SATURDAY, SEPTEMBER 10, 2016

9 a.m. to 4 p.m. each day

Forbes Park and Pine River Railroad Depot alongside the Paul Bunyan State Trail

Historic depot will be open for tours. 1830s Historic Encampment features tools of the trade and handmade crafts of the era. Displays of flint knapping, blacksmithing, storytelling and other historic displays and Quilt Show. Offering free Hobo Stew at noon. Free Admission to all events!

Contact: Pine River Chamber of Commerce, 218-587-4000

PEDAL PEQUOT, PEQUOT LAKES

SATURDAY, SEPTEMBER 10, 2016

9 a.m. to 4 p.m.

Trailside Park

There is nothing better than enjoying a beautiful fall day biking and celebrating the end of a busy summer. Come enjoy family fun activities and food along the Paul Bunyan Trail in the Trailside Park in the heart of Pequot Lakes.

Contact: Pequot Lakes Chamber of Commerce 218-568-8911, www.pequotlakes.com

Jenna Crawford, Director, jenna@pequotlakes.com

Cindy Nelson, Community Coordinator, cmernelson@explorebrainerdlakes.com

MOUNTED EAGLES WALK-N-ROLL SO THEY CAN RIDE, NISSWA

SATURDAY, SEPTEMBER 10, 2016

2 to 3 p.m. Walk-N-Roll 10K, starts at the Nisswa Welcome Center

3 to 7 p.m. Spaghetti Dinner, Nisswa Community Center

At 2 p.m., walkers, bikers, and inline skaters make the trek up the Paul Bunyan Trail, starting at the Nisswa Welcome Center and going 6 miles to Pequot Lakes. From 3 to 7 p.m., there is a spaghetti dinner. This event is a Mounted Eagles fundraiser. (Mounted Eagles has been providing therapeutic horsemanship to persons with disabilities since 1992.)

Walk-N-Roll participants gather pledges of \$25 or more. Spaghetti dinner cost is \$8 for ages 13 and older; \$5 for ages 6-12; children under 5 are free. You do not need to pre-register for either portion of this event.

Contact: Mounted Eagles Executive Director, Lynn Fairbanks 218-963-3936 or email info@mountedeagles.org

GUIDED BIKE RIDE, BRAINERD

SATURDAY, SEPTEMBER 10, 2016

10 to 11:30 a.m.

Crow Wing State Park, Meet at office

Bring your bike and join the Naturalist for an easy ride on the paved Paul Bunyan State Trail to the Mississippi River bridge just outside the park. Round trip 12 miles. (Participants have the option to continue to ride into Brainerd on their own.)

Contact: Kacie Carlson at 218-328-8989 or by email at kacie.carlson@state.mn.us.



Paul Stafford

ONLINE mndnr.gov/125 | SHARE #mnstateparks | PHONE 888-646-6367

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